



# **Event Sailing Instructions**

**Inshore Sailing Instructions  
for Saturday 21 March 2026**



## MHYC INSHORE SAILING INSTRUCTIONS FOR SATURDAY 21 MARCH 2026

### ORC, IRC & PHS INSHORE ANNUAL & SPRING SERIES POINTSCORE

Category 7 – Results on ORC, IRC & PHS for Divisions 1, 2 & 3

#### 1 RULES

1.1 Refer to NOR 1 and 2.

#### 2 SCHEDULE OF RACES

2.1 One passage race is scheduled with the first warning signal at 1255hrs.

#### 3 CLASS FLAGS & DIVISIONS

3.1 Class flags will be:

CLASS / DIVISION	CLASS FLAG
Division 1	Code Flag 'D'
Division 2	Code Flag 'E'
Division 3	Code Flag 'F'

#### 4 THE COURSES

4.1 The course to be sailed will be displayed on a Course Board on the race committee vessel.

4.2 When the race committee displays Code Flag "S" at the start line, the course for each division is shortened and boats shall round the mark prefixed (\*) in the course description on the required side and proceed directly to the finish.

4.3 If the race committee shortens any course in accordance with RRS 32 for specific divisions only, the divisional flag for those divisions for which the course is to be shortened will be flown below Code Flag "S".

#### 5 THE START

5.1 The start will be an On Water Start in accordance with NOR 18.

5.2 Boats intending to race shall report to the committee vessel prior to their warning signal, on starboard tack, with mainsail hoisted, to confirm their intention to race. Boats that cannot be identified may be scored 'DNS'.

5.3 The starting line will be between a staff or halyard displaying an orange flag on the committee vessel and the course side of the yellow start mark.

5.4 The RC may combine a divisional start with another.

5.5 Prior to her Preparatory Signal, a boat shall keep clear of the starting line and all boats about to start or which have started. Attention is drawn to RRS 23.

5.6 When the race committee determines the Clubhouse or Pumphouse Start and Clubhouse Finish is to be used (in accordance with NOR 16 and 17), Code Flag "O" will be displayed from the Club Race Officials Box not less than one hour before the scheduled start time of the race or first division.

#### 6 THE FINISH

6.1 The finishing line will be between a staff or halyard displaying a blue flag on the committee vessel and the course side of the finish mark.

6.2 When the race committee determines the Clubhouse finish line to be used, the race committee will display Code Flag "O". This signal may be displayed at any time with 3 long sound signals. Boats shall sail the course until the final mark then proceed to the Clubhouse and finish in accordance with NOR 17.

**7 TIME LIMITS**

7.1 Unless otherwise prescribed, the time limit for each division shall be 1630hrs or 30 minutes after the first boat in that division finishes, whichever is earlier. Only those boats finishing within the time limit shall rank as finishers. This amends RRS 35.

7.2 Boats retiring from racing shall comply with NOR 20.

**8 DISCLAIMER OF LIABILITY**

8.1 Refer to NOR 29.

8.2 Attention is drawn to Fundamental Rule 3 which states: *"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".*

## COURSE DESCRIPTIONS

**COURSE NOTES:**

- 1) All marks are to be rounded or passed to STARBOARD except those suffixed with the letter (P) which shall be rounded or passed to PORT.
- 2) For shortened course mark (\*) refer to sailing instructions 4.2 & 4.3.

**COURSE 1 – NORTH**

**DIVISION 1 (approx. 12.3 nm)**

- |    |                              |     |                                 |
|----|------------------------------|-----|---------------------------------|
| 1. | Start Hunters Bay            | 8.  | MH Inflatable Grotto Point (P)  |
| 2. | AS Mark Manly West           | 9.  | MH Inflatable South Head (P)(*) |
| 3. | AS Mark Manly East           | 10. | AS Mark Manly West              |
| 4. | MH Inflatable South Head (P) | 11. | AS Mark Manly East              |
| 5. | AS Mark Manly West           | 12. | MH Inflatable South Head (P)    |
| 6. | AS Mark Manly East           | 13. | Finish Spring Cove              |
| 7. | AS Mark Cannae Point         |     |                                 |

**DIVISION 2 (approx. 11.3 nm)**

- |    |                              |     |                                 |
|----|------------------------------|-----|---------------------------------|
| 1. | Start Hunters Bay            | 7.  | AS Mark Cannae Point            |
| 2. | AS Mark Manly West           | 8.  | MH Inflatable Grotto Point (P)  |
| 3. | AS Mark Manly East           | 9.  | MH Inflatable South Head (P)(*) |
| 4. | MH Inflatable South Head (P) | 10. | MH Inflatable Manly Point (P)   |
| 5. | AS Mark Manly West           | 11. | MH Inflatable South Head (P)    |
| 6. | AS Mark Manly East           | 12. | Finish Spring Cove              |

**DIVISION 3 (approx. 10.3 nm)**

- |    |                               |     |                                 |
|----|-------------------------------|-----|---------------------------------|
| 1. | Start Hunters Bay             | 7.  | MH Inflatable Grotto Point (P)  |
| 2. | MH Inflatable Manly Point (P) | 8.  | MH Inflatable South Head (P)(*) |
| 3. | MH Inflatable South Head (P)  | 9.  | MH Inflatable Manly Point (P)   |
| 4. | AS Mark Manly West            | 10. | MH Inflatable South Head (P)    |
| 5. | AS Mark Manly East            | 11. | Finish Spring Cove              |
| 6. | AS Mark Cannae Point          |     |                                 |

**COURSE 2 – NORTH-EAST**

**DIVISION 1 (approx. 12.0 nm)**

- |    |                               |     |                                   |
|----|-------------------------------|-----|-----------------------------------|
| 1. | Start Hunters Bay             | 8.  | MH Inflatable Edwards Beach (P)   |
| 2. | AS Mark Manly West            | 9.  | MH Inflatable Middle Head (P) (*) |
| 3. | AS Mark Manly East            | 10. | AS Mark Manly West                |
| 4. | MH Inflatable Middle Head (P) | 11. | AS Mark Manly East                |
| 5. | AS Mark Manly West            | 12. | MH Inflatable Middle Head (P)     |
| 6. | AS Mark Manly East            | 13. | Finish Spring Cove                |
| 7. | AS Mark Cannae Point          |     |                                   |

**DIVISION 2 (approx. 11.1 nm)**

- |    |                               |     |                                   |
|----|-------------------------------|-----|-----------------------------------|
| 1. | Start Hunters Bay             | 7.  | AS Mark Cannae Point              |
| 2. | AS Mark Manly West            | 8.  | MH Inflatable Edwards Beach (P)   |
| 3. | AS Mark Manly East            | 9.  | MH Inflatable Middle Head (P) (*) |
| 4. | MH Inflatable Middle Head (P) | 10. | MH Inflatable Manly Point (P)     |
| 5. | AS Mark Manly West            | 11. | MH Inflatable Middle Head (P)     |
| 6. | AS Mark Manly East            | 12. | Finish Spring Cove                |

**DIVISION 3 (approx. 10.1 nm)**

- |    |                               |     |                                   |
|----|-------------------------------|-----|-----------------------------------|
| 1. | Start Hunters Bay             | 7.  | MH Inflatable Edwards Beach (P)   |
| 2. | MH Inflatable Manly Point (P) | 8.  | MH Inflatable Middle Head (P) (*) |
| 3. | MH Inflatable Middle Head (P) | 9.  | MH Inflatable Manly Point (P)     |
| 4. | AS Mark Manly West            | 10. | MH Inflatable Middle Head (P)     |
| 5. | AS Mark Manly East            | 11. | Finish Spring Cove                |
| 6. | AS Mark Cannae Point          |     |                                   |

**COURSE 3 – EAST-NORTH-EAST**

**DIVISION 1 (approx. 13.0 nm)**

- |    |                       |     |                           |
|----|-----------------------|-----|---------------------------|
| 1. | Start Hunters Bay     | 8.  | MH Inflatable Middle Head |
| 2. | AS Mark Manly West    | 9.  | AS Mark Rocky Point       |
| 3. | AS Mark Manly East    | 10. | AS Mark Edwards Beach (*) |
| 4. | AS Mark Rocky Point   | 11. | AS Mark Manly West        |
| 5. | AS Mark Edwards Beach | 12. | AS Mark Manly East        |
| 6. | AS Mark Manly West    | 13. | MH Inflatable Middle Head |
| 7. | AS Mark Manly East    | 14. | Finish Spring Cove        |

**DIVISION 2 (approx. 12.2 nm)**

- |    |                       |     |                           |
|----|-----------------------|-----|---------------------------|
| 1. | Start Hunters Bay     | 8.  | MH Inflatable Middle Head |
| 2. | AS Mark Manly West    | 9.  | AS Mark Rocky Point       |
| 3. | AS Mark Manly East    | 10. | AS Mark Edwards Beach (*) |
| 4. | AS Mark Rocky Point   | 11. | MH Inflatable Manly Point |
| 5. | AS Mark Edwards Beach | 12. | MH Inflatable Middle Head |
| 6. | AS Mark Manly West    | 13. | Finish Spring Cove        |
| 7. | AS Mark Manly East    |     |                           |

**COURSE 3 – EAST-NORTH-EAST (cont'd.)**

**DIVISION 3 (approx. 11.4 nm)**

- |    |                           |     |                           |
|----|---------------------------|-----|---------------------------|
| 1. | Start Hunters Bay         | 7.  | MH Inflatable Middle Head |
| 2. | AS Mark Manly West        | 8.  | AS Mark Rocky Point       |
| 3. | AS Mark Manly East        | 9.  | AS Mark Edwards Beach (*) |
| 4. | AS Mark Rocky Point       | 10. | MH Inflatable Manly Point |
| 5. | AS Mark Edwards Beach     | 11. | MH Inflatable Middle Head |
| 6. | MH Inflatable Manly Point | 12. | Finish Spring Cove        |

**COURSE 4 – EAST**

**DIVISION 1 (approx. 12.9 nm)**

- |    |                               |     |                               |
|----|-------------------------------|-----|-------------------------------|
| 1. | Start Hunters Bay             | 8.  | AS Mark Edwards Beach         |
| 2. | MH Inflatable Quarantine Head | 9.  | MH Inflatable Quarantine Head |
| 3. | AS Mark Rocky Point           | 10. | AS Mark Rocky Point           |
| 4. | AS Mark Edwards Beach         | 11. | AS Mark Edwards Beach (*)     |
| 5. | MH Inflatable Quarantine Head | 12. | MH Inflatable Quarantine Head |
| 6. | MH Inflatable South Head      | 13. | AS Mark Grotto Point          |
| 7. | AS Mark Rocky Point           | 14. | Finish Spring Cove            |

**DIVISION 2 (approx. 11.6 nm)**

- |    |                               |     |                               |
|----|-------------------------------|-----|-------------------------------|
| 1. | Start Hunters Bay             | 8.  | AS Mark Edwards Beach         |
| 2. | MH Inflatable Quarantine Head | 9.  | MH Inflatable Quarantine Head |
| 3. | AS Mark Rocky Point           | 10. | AS Mark Grotto Point (*)      |
| 4. | AS Mark Edwards Beach         | 11. | MH Inflatable Quarantine Head |
| 5. | MH Inflatable Quarantine Head | 12. | AS Mark Grotto Point          |
| 6. | MH Inflatable South Head      | 13. | Finish Spring Cove            |
| 7. | AS Mark Rocky Point           |     |                               |

**DIVISION 3 (approx. 10.5 nm)**

- |    |                               |     |                               |
|----|-------------------------------|-----|-------------------------------|
| 1. | Start Hunters Bay             | 7.  | AS Mark Edwards Beach         |
| 2. | MH Inflatable Quarantine Head | 8.  | MH Inflatable Quarantine Head |
| 3. | AS Mark Grotto Point          | 9.  | AS Mark Grotto Point (*)      |
| 4. | MH Inflatable Quarantine Head | 10. | MH Inflatable Quarantine Head |
| 5. | MH Inflatable South Head      | 11. | AS Mark Grotto Point          |
| 6. | AS Mark Rocky Point           | 12. | Finish Spring Cove            |

**COURSE 5 – SOUTH-EAST**

**DIVISION 1 (approx. 12.6 nm)**

- |                             |                                 |
|-----------------------------|---------------------------------|
| 1. Start Grotto Point       | 8. AS Mark Grotto Point         |
| 2. MH Inflatable South Head | 9. MH Inflatable South Head (*) |
| 3. AS Mark Rocky Point      | 10. AS Mark Rocky Point         |
| 4. AS Mark Edwards Beach    | 11. AS Mark Edwards Beach       |
| 5. AS Mark Manly West       | 12. AS Mark Grotto Point        |
| 6. AS Mark Manly East       | 13. MH Inflatable South Head    |
| 7. MH Inflatable South Head | 14. Finish Hunters Bay          |

**DIVISION 2 (approx. 11.5 nm)**

- |                             |                                 |
|-----------------------------|---------------------------------|
| 1. Start Grotto Point       | 8. MH Inflatable South Head (*) |
| 2. MH Inflatable South Head | 9. AS Mark Rocky Point          |
| 3. AS Mark Rocky Point      | 10. AS Mark Edwards Beach       |
| 4. AS Mark Edwards Beach    | 11. AS Mark Grotto Point        |
| 5. AS Mark Cannae Point     | 12. MH Inflatable South Head    |
| 6. MH Inflatable South Head | 13. Finish Hunters Bay          |
| 7. AS Mark Grotto Point     |                                 |

**DIVISION 3 (approx. 10.3 nm)**

- |                             |                                 |
|-----------------------------|---------------------------------|
| 1. Start Grotto Point       | 7. AS Mark Grotto Point         |
| 2. MH Inflatable South Head | 8. MH Inflatable South Head (*) |
| 3. AS Mark Rocky Point      | 9. AS Mark Grotto Point         |
| 4. AS Mark Edwards Beach    | 10. MH Inflatable South Head    |
| 5. AS Mark Cannae Point     | 11. Finish Hunters Bay          |
| 6. MH Inflatable South Head |                                 |

**COURSE 6 – SOUTH**

**DIVISION 1 (approx. 13.0 nm)**

- |                             |                              |
|-----------------------------|------------------------------|
| 1. Start Spring Cove        | 8. AS Mark Manly West        |
| 2. MH Inflatable South Head | 9. AS Mark Manly East (*)    |
| 3. AS Mark Manly West       | 10. MH Inflatable South Head |
| 4. AS Mark Manly East       | 11. AS Mark Manly West       |
| 5. MH Inflatable South Head | 12. AS Mark Manly East       |
| 6. AS Mark Rocky Point      | 13. Finish Hunters Bay       |
| 7. AS Mark Edwards Beach    |                              |

**DIVISION 2 (approx. 11.9 nm)**

- |                             |                             |
|-----------------------------|-----------------------------|
| 1. Start Spring Cove        | 7. AS Mark Edwards Beach    |
| 2. MH Inflatable South Head | 8. AS Mark Cannae Point (*) |
| 3. AS Mark Manly West       | 9. MH Inflatable South Head |
| 4. AS Mark Manly East       | 10. AS Mark Manly West      |
| 5. MH Inflatable South Head | 11. AS Mark Manly East      |
| 6. AS Mark Rocky Point      | 12. Finish Hunters Bay      |

**COURSE 6 – SOUTH (cont'd.)**

**DIVISION 3 (approx. 10.6 nm)**

- |    |                          |     |                          |
|----|--------------------------|-----|--------------------------|
| 1. | Start Spring Cove        | 7.  | AS Mark Cannae Point (*) |
| 2. | MH Inflatable South Head | 8.  | MH Inflatable South Head |
| 3. | AS Mark Manly West       | 9.  | AS Mark Manly West       |
| 4. | AS Mark Manly East       | 10. | AS Mark Manly East       |
| 5. | MH Inflatable South Head | 11. | Finish Hunters Bay       |
| 6. | AS Mark Grotto Point     |     |                          |

**COURSE 7 – SOUTH-WEST**

**DIVISION 1 (approx. 13.0 nm)**

- |    |                       |     |                        |
|----|-----------------------|-----|------------------------|
| 1. | Start Spring Cove     | 8.  | AS Mark Edwards Beach  |
| 2. | AS Mark Rocky Point   | 9.  | AS Mark Manly West     |
| 3. | AS Mark Edwards Beach | 10. | AS Mark Manly East (*) |
| 4. | AS Mark Manly West    | 11. | AS Mark Rocky Point    |
| 5. | AS Mark Manly East    | 12. | AS Mark Edwards Beach  |
| 6. | AS Mark Cannae Point  | 13. | AS Mark Cannae Point   |
| 7. | AS Mark Rocky Point   | 14. | Finish Hunters Bay     |

**DIVISION 2 (approx. 12.2 nm)**

- |    |                       |     |                          |
|----|-----------------------|-----|--------------------------|
| 1. | Start Spring Cove     | 8.  | AS Mark Edwards Beach    |
| 2. | AS Mark Rocky Point   | 9.  | AS Mark Cannae Point (*) |
| 3. | AS Mark Edwards Beach | 10. | AS Mark Rocky Point      |
| 4. | AS Mark Manly West    | 11. | AS Mark Edwards Beach    |
| 5. | AS Mark Manly East    | 12. | AS Mark Cannae Point     |
| 6. | AS Mark Cannae Point  | 13. | Finish Hunters Bay       |
| 7. | AS Mark Rocky Point   |     |                          |

**DIVISION 3 (approx. 10.7 nm)**

- |    |                       |     |                          |
|----|-----------------------|-----|--------------------------|
| 1. | Start Spring Cove     | 7.  | AS Mark Rocky Point      |
| 2. | AS Mark Rocky Point   | 8.  | AS Mark Edwards Beach    |
| 3. | AS Mark Edwards Beach | 9.  | AS Mark Cannae Point (*) |
| 4. | AS Mark Manly West    | 10. | AS Mark Grotto Point     |
| 5. | AS Mark Manly East    | 11. | AS Mark Cannae Point     |
| 6. | AS Mark Cannae Point  | 12. | Finish Hunters Bay       |

**COURSE 8 – WEST**

**DIVISION 1 (approx. 12.4 nm)**

- |                                  |                                      |
|----------------------------------|--------------------------------------|
| 1. Start Spring Cove             | 8. AS Mark Manly East (*)            |
| 2. AS Mark Rocky Point           | 9. MH Inflatable Quarantine Head (*) |
| 3. AS Mark Edwards Beach         | 10. AS Mark Rocky Point              |
| 4. MH Inflatable Quarantine Head | 11. AS Mark Edwards Beach            |
| 5. AS Mark Rocky Point           | 12. MH Inflatable Quarantine Head    |
| 6. AS Mark Edwards Beach         | 13. Finish Hunters Bay               |
| 7. AS Mark Manly West            |                                      |

**DIVISION 2 (approx. 11.2 nm)**

- |                                  |                                      |
|----------------------------------|--------------------------------------|
| 1. Start Spring Cove             | 8. AS Mark Cannae Point              |
| 2. AS Mark Rocky Point           | 9. MH Inflatable Quarantine Head (*) |
| 3. AS Mark Edwards Beach         | 10. AS Mark Rocky Point              |
| 4. MH Inflatable Quarantine Head | 11. AS Mark Edwards Beach            |
| 5. AS Mark Rocky Point           | 12. MH Inflatable Quarantine Head    |
| 6. AS Mark Edwards Beach         | 13. Finish Hunters Bay               |

**DIVISION 3 (approx. 9.5 nm)**

- |                                      |                                  |
|--------------------------------------|----------------------------------|
| 1. Start Spring Cove                 | 6. AS Mark Edwards Beach         |
| 2. AS Mark Rocky Point               | 7. AS Mark Manly West            |
| 3. AS Mark Edwards Beach             | 8. AS Mark Manly East            |
| 4. MH Inflatable Quarantine Head (*) | 9. MH Inflatable Quarantine Head |
| 5. AS Mark Rocky Point               | 10. Finish Hunters Bay           |

**COURSE 9 – NORTH-WEST**

**DIVISION 1 (approx. 12.9 nm)**

- |                             |                              |
|-----------------------------|------------------------------|
| 1. Start Spring Cove        | 8. AS Mark Edwards Beach     |
| 2. AS Mark Manly West       | 9. AS Mark Manly West        |
| 3. AS Mark Manly East       | 10. AS Mark Manly East (*)   |
| 4. MH Inflatable South Head | 11. MH Inflatable South Head |
| 5. AS Mark Grotto Point     | 12. AS Mark Grotto Point     |
| 6. MH Inflatable South Head | 13. MH Inflatable South Head |
| 7. AS Mark Rocky Point      | 14. Finish Hunters Bay       |

**DIVISION 2 (approx. 11.8 nm)**

- |                             |                              |
|-----------------------------|------------------------------|
| 1. Start Spring Cove        | 8. AS Mark Edwards Beach     |
| 2. AS Mark Manly West       | 9. AS Mark Cannae Point (*)  |
| 3. AS Mark Manly East       | 10. MH Inflatable South Head |
| 4. MH Inflatable South Head | 11. AS Mark Grotto Point     |
| 5. AS Mark Grotto Point     | 12. MH Inflatable South Head |
| 6. MH Inflatable South Head | 13. Finish Hunters Bay       |
| 7. AS Mark Rocky Point      |                              |

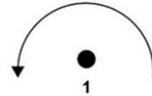
**COURSE 9 – NORTH-WEST (cont'd.)**

**DIVISION 3 (approx. 10.5 nm)**

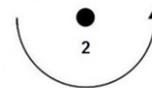
- |    |                          |     |                          |
|----|--------------------------|-----|--------------------------|
| 1. | Start Spring Cove        | 7.  | AS Mark Grotto Point     |
| 2. | AS Mark Manly West       | 8.  | AS Mark Cannae Point (*) |
| 3. | AS Mark Manly East       | 9.  | MH Inflatable South Head |
| 4. | MH Inflatable South Head | 10. | AS Mark Grotto Point     |
| 5. | AS Mark Grotto Point     | 11. | MH Inflatable South Head |
| 6. | MH Inflatable South Head | 12. | Finish Hunters Bay       |

**COURSE 10 – WINDWARD LEEWARD**

COURSE	COURSE DESCRIPTION (All marks to Port)
W1	Start – 1 – Finish
W2	Start – 1 – 2 – 1 – Finish
W3	Start – 1 – 2 – 1 – 2 – 1 – Finish
W4	Start – 1 – 2 – 1 – 2 – 1 – 2 – 1 – Finish



- 1) Mark 1 will be an orange inflatable buoy located approximately 0.6 to 1.2 nm to Windward of the Start/Finish Line.
- 2) Mark 2 will be an orange inflatable buoy located approximately 0.05 to 0.1 nm to Windward of the Start/Finish Line.
- 3) The Course to be sailed (W 1, 2, 3 or 4) will be displayed prior to or with the Division Preparatory Signal.
- 4) The bearing to Mark 1 may be displayed prior to or with the Warning Signal.



## MARK DESCRIPTIONS & LOCATIONS

### FIXED AUSTRALIAN SAILING (AS) MARKS & LAID MHYC MARKS

Australian Sailing (AS) Marks are spar shaped and yellow in colour. Locations are approximate and marks may have moved or be absent after heavy weather. All AS Marks must be rounded or passed to starboard.

MHYC Laid Marks are Orange Truncated Cones.

ID	LOCATION	ID	LOCATION
<b>CP</b>	AS Mark Cannae Point Lat. 33-48.819 S Lon. 151-16.955 E	<b>MHI-EB</b>	MHYC Inflatable Edwards Beach Lat. 33-49.190 S Lon. 151-15.350 E
<b>EB</b>	AS Mark Edwards Beach Lat. 33-49.292 S Lon. 151-15.242 E	<b>MHI-GP</b>	MHYC Inflatable Grotto Point Lat. 33-49.100 S Lon. 151-15.930 E
<b>GP</b>	AS Mark Grotto Point Lat. 33-49.052 S Lon. 151-16.039 E	<b>MHI-MH</b>	MHYC Inflatable Middle Head Lat. 33-49.595 S Lon. 151-16.325 E
<b>ME</b>	AS Mark Manly East Lat. 33-48.193 S Lon. 151-16.731 E	<b>MHI-MP</b>	MHYC Inflatable Manly Point Lat. 33-48.625 S Lon. 151-16.950 E
<b>MW</b>	AS Mark Manly West Lat. 33-48.173 S Lon. 151-16.619 E	<b>MHI-QH</b>	MHYC Inflatable Quarantine Head Lat. 33-49.230 S Lon. 151-17.000 E
<b>RP</b>	AS Mark Rocky Point Lat. 33-49.424 S Lon. 151-15.299 E	<b>MHI-SH</b>	MHYC Inflatable South Head Lat. 33-49.775 S Lon. 151-16.845 E

*Note: All coordinates are approximate.*