



COMBINED CLUBS SUNDAY SERIES



Notice of Race and Sailing Instructions

Amended 8 October 2025

The Organising Authority (OA) is Manly Yacht Club (MYC) and Middle Harbour Yacht Club (MHYC)

1. Rules

- 1.1 The racing will be governed by the rules as defined in the current Racing Rules of Sailing (RRS) and any General Conditions of Racing or Season Notice of Race as defined by the Organising Authority, except as altered by these Sailing Instructions.
- 1.2 This document is the Notice of Race and Sailing Instructions required by RRS 89.2 and 90.2.
- 1.3 The attention of competitors is drawn to the responsibilities of owners and skippers as detailed in the By-Laws, Risk Warning, Competitor Declaration, Disclaimer of Liability and/or Safety Requirements of the Organising Club by which they enter this series.
- 1.4 In the event of conflict between any of the rules or regulations, other than RRS, this Notice of Race and Sailing Instructions will prevail. This changes RRS 63.5(c).
- 1.5 In the event of conflict between any of the rules in the General Conditions of Racing or Season Notice of Race of an Organising Club, then the rules of the club through which the boat is entered will prevail.
- 1.6 RRS 51 is amended so that boats with movable or variable ballast (within the meaning of those terms in the Special Regulations) may move that ballast for the purpose of changing trim or stability.
- 1.7 RRS 52 is amended so that electric winches and canting keels may be adjusted using the boat's electrical system.
- 1.8 IRC Rule 22.4.2 and ORC Rule 200.1 shall not apply.
- 1.9 Competitors shall comply with all applicable regulations of: Transport for NSW (TfNSW); traffic directions of NSW Boating Safety Officers (BSOs) and NSW Port Authority.
- 1.10 The notation '[DP]' in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. A boat that has broken such a rule, must provide a declaration to the Race Committee within the time limits set for protests.
- 1.11 The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.
- 1.12 The Organising Authority may amend this Notice of Race and Sailing Instructions.

2. Eligibility

- 2.1 The series is open to self-righting single hull displacement yachts.
- 2.2 The helmsperson nominated on the entry system shall be deemed to be the person in charge of the boat.
- 2.3 No boat shall start unless there is a minimum of two (2) persons on board.
- 2.4 [DP] [NP] All competitors helming, or crewing shall conform to RRS 46 and the Australian Sailing Prescriptions. Any person who is not a financial member of an AS recognised yacht club must apply and receive a Sail Pass before racing to comply with RRS 46.
- 2.5 [DP] All boats shall have a valid Australian Sailing (AS) Special Regulations Category 7, or higher, Equipment Audit Form. Random equipment audits may be made throughout the season. Any boat failing to comply with equipment requirements may be subject to protest by the race committee.

3. Entry

- 3.1 Eligible boats may enter via their respective Organising Club's online entry process.
- 3.2 Boats from clubs other than an Organising Club may choose to enter through either of the Organising Club's online entry process.

4. Entry Fees

- 4.1 Entry fees are according to the respective Organising Club's fee schedule.
- 4.2 Entry fees for boats from clubs other than an Organising Club will be according to the Organising Club through which they choose to enter.

5. Schedule of Races

- 5.1 The schedule of racing is:

DATE	RACES	FIRST WARNING SIGNAL	DUTY CLUB
Sunday, 21 September 2025	1	1250hrs	MYC
Sunday, 12 October 2025	2, 3, 4 (Sprints)	1150hrs	MHYC
Sunday, 26 October 2025	5	1250hrs	MYC
Sunday, 16 November 2025	6	1250hrs	MHYC
Sunday, 8 February 2026	7, 8, 9 (Sprints)	1150hrs	MYC
Sunday, 15 March 2026	10	1250hrs	MHYC

6. Divisions and Handicaps

- 6.1 The following divisions are intended to be sailed:
- Division 1 for yachts with spinnaker scored on PHS, IRC and ORC.
 - Division 2 for yachts with or without spinnaker scored on PHS and ORC.
- 6.2 [NP] Entries will be allocated into divisions at the Organising Authority's absolute discretion and such determination will not be grounds for protest or redress.
- 6.3 [NP] The Organising Authority, at its discretion, may choose to add or delete divisions depending on entry numbers.
- 6.4 All entries will be allocated a Performance Handicap System (PHS) handicap that applies a Time Correction Factor (TCF) to a boat's elapsed time. Handicaps may be adjusted after each race has been finalised.
- 6.5 Boats with a valid IRC Standard or IRC Endorsed certificate may be scored in the IRC point score, which will be based on the application of the IRC Time Correction Calculation (TCC) as displayed on the boat's certificate.
- 6.6 Boats with a valid ORC International or ORC Club certificate may be scored in the ORC point score. The following ORC Ratings will be applied:
- a) For the Sprint Races - Single Number Time on Time Windward/Leeward
 - b) For the Passage Races - Single Number Time on Time All Purpose.
- 6.7 Non-spinnaker entrants are not permitted to fly spinnakers. Headsails may be poled out but must be tacked to the foot of the forestay and fully hanked or attached to the forestay by a luff groove device. The forestay is as defined in the current World Sailing Equipment Rules of Sailing. Coutu boats or similar craft are exempted from this provision where the forestay is integrated in the headsail luff. Spinnaker entrants may choose not to fly spinnakers.

7. Start Times and Class Flags

- 7.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 7.2 For passage races (1, 5, 6 & 10) the scheduled time of the warning signal for each class or division is shown below. Races will be started no earlier than times shown. Times shall be taken from visual signals; the absence or mistiming of a sound signal shall be disregarded.

PASSAGE RACES	WARNING SIGNAL	CLASS FLAG
Division 1	1250hrs	Code Flag D
Division 2	1255hrs	Code Flag E

- 7.3 For sprint races (2, 3, 4, 7, 8 & 9) the scheduled time of the first warning signal for each class or division is shown below. Races will be started no earlier than times shown. Times shall be taken from visual signals; the absence or mistiming of a sound signal shall be disregarded.

SPRINT RACES	WARNING SIGNAL	CLASS FLAG
Division 1	1150hrs	Code Flag D
Division 2	1155hrs	Code Flag E

- 7.4 A boat shall not start later than 4 minutes after her starting signal. A boat doing so will be scored Did Not Start (DNS) without a hearing. This amends MHYC NOR 18.7.

8. Communication with Competitors

- 8.1 Notices to competitors will be posted on the official noticeboards of the Organising Clubs (which may be online). Notices may also be posted to the SailSys Series Noticeboard.
- 8.2 The race committee intends to monitor VHF channel 72 and will use the radio to advise competitors of race information.
- 8.3 [DP] Boats that retire from a race before finishing are required to notify the race committee on VHF channel 72, or by phoning the Organising Club on duty for the day.

9. Signals Made Ashore

- 9.1 Signals made ashore will be displayed at the Organising Clubs on their flag masts.
- 9.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

10. Racing Area

- 10.1 Racing will be conducted within The Sound and surrounding inshore waters of Sydney Harbour.

11. Mark and Courses

- 11.1 The course to be sailed will be indicated by the appropriate numeral board displayed on the committee vessel.
- 11.2 The courses to be sailed are listed in both the MYC and MHYC handbooks
- 11.3 Courses in the MYC Handbook
 - a) Division 1 passage races are shown in Appendix 12.A3.
 - b) Division 2 passage races are shown in Appendix 12.A4.
 - c) Courses for sprint races are shown in Appendix 12.A10.
 - d) Fixed and laid marks are described on the chart in the inside back flap of the MYC Handbook.
- 11.4 Courses in the MHYC Handbook
 - a) Courses are described in Attachment A.
 - b) Laid Marks for Passage and Sprint Races are described in Attachment B.
 - c) Fixed Harbour Marks are described in Appendix 1 of the MHYC Sailing Handbook.
- 11.5 Australian Sailing (AS) marks are permanent laid yellow spar buoys. All other marks are inflatable marks from the Organising Club.

NOTE: Competitors shall comply with MHYC Season Notice of Race 13 – Cardinal Marks & Harbour Islands.

12. The Start

- 12.1 The committee vessel will be identified by the burgee of an Organising Club.
- 12.2 The starting line will be between the staff or halyard displaying an orange flag on the committee vessel and the course side of an inflatable buoy.
- 12.3 [NP] To assist competitors, the race committee may advise individual and general recalls over VHF 72. This changes RRS 29.1 and 29.2.

13. The Finish

- 13.1 The committee vessel will be identified by the burgee of an Organising Club and may be a different vessel than that which started the race.
- 13.2 The finishing line will be between the staff or halyard displaying a blue flag on the committee vessel and a yellow inflatable buoy which may be at either end of the line.
- 13.3 The committee vessel may lay multiple lines at the same time for other classes or series. Competitors are reminded that RRS 23.1 (Interfering with another boat) applies to all competitors regardless of which line they are racing to.

14. Time Limits

- 14.1 Subject to 14.2 and 14.3, the time limit for yachts shall be 1700 hours.
- 14.2 If a race is postponed for any reason the time limit will be extended by the length of the postponement or for 30 minutes whichever is the less.
- 14.3 If the first boat in a division finishes within 30 minutes of the time limit, then the time limit shall be extended by 30 minutes from the finishing time of the first boat for that division or to 1730 hours whichever is sooner.
- 14.4 If one boat finishes within the time limit, all boats that have started and not finished by the time limit will be scored DNF. This changes RRS 35.

15. Shortened Course

- 15.1 In the event of the course being shortened before the start, flag S will be displayed with the course signal with two sound signals. Boats are to proceed directly to the finish line after leaving the mark indicated by an asterisk (*) in the courses listed.
- 15.2 Courses may be shortened after the start in accordance with RRS 32.

16. Penalty System

- 16.1 Protests are to be lodged in accordance with RRS 60 and requests for redress in accordance with RRS 61 as amended below.
- 16.2 Protests and requests for redress shall be lodged in writing in person or by electronic means with either of the Organising Clubs.
- 16.3 The time limit for the lodging of protests or requests for redress involving an incident in the racing area will be 90 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later. This changes RRS 60 and RRS 61.
- 16.4 Your attention is drawn to RRS Rule 44.1 and RRS Rule 44.2.
- 16.5 Any boats reported by NSW BSOs as having contravened TfNSW regulations shall be disqualified without a hearing. Any alleged infringement of this clause shall not be grounds for protest by another competitor.

17. Scoring

- 17.1 The Low Point System, RRS Appendix A, applies including the provisions of RRS Appendix A5.3, subject to the amendments detailed below.
- 17.2 When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores.
- 17.3 When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.4 All races may be scored separately in an Organising Club's point score series at their discretion.

18. Prizes

- 18.1 There are no prizes, only glory!

19. Further Information

- 19.1 For further information please contact:
MHYC email: sailing@mhyc.com.au or telephone: (02) 9969 1244
MYC email: sailing@myc.org.au or telephone: (02) 9977 4949
- 19.2 A presentation and get-together may be held at each of the Organising Clubs after racing. Competitors are welcome to attend any of these presentations.

Attachment A – DIVISION 1 PASSAGE COURSES

Note: Shortened Course () – Refer to SI 15.1*

COURSE 1 NE 13.5nm

1. Start Hunters Bay, 2. Manly West AS, 3. Manly East AS
4. Rocky Point AS, 5. Edwards Beach AS, 6. Cannae Point
AS, 7. Taylors Bay AS (*), 8. Cannae Point AS, 9. Obelisk Bay
AS, 10. Finish North Harbour.

COURSE 2 E 13.5nm

1. Start Hunters Bay, 2. Laid Mark Quarantine Head, 3.
Rocky Point AS, 4. Edwards Beach AS, 5. Laid Mark
Quarantine Head, 6. Grotto Point AS, 7. Cannae Point AS, 8.
Rocky Point AS, 9. Edwards Beach AS (*), 10. Laid Mark
Quarantine Head, 11. Rocky Point AS, 12. Edwards Beach AS,
13. Finish North Harbour.

COURSE 3 SE 13.5nm

1. Start Grotto Point, 2. Rose Bay AS, 3. Taylors Bay AS, 4.
Rose Bay AS, 5. Grotto Point AS (*), 6. Lady Bay AS, 7. Grotto
Point AS, 8. Finish Watsons Bay.

COURSE 4 S 13.5nm

1. Start North Harbour, 2. Lady Bay AS, 3. Manly West AS, 4.
Manly East AS, 5. Eastern Channel AS, 6. Manly West AS, 7.
Manly East AS (*), 8. Lady Bay AS, 9. Manly West AS, 10.
Manly East AS, 11. Finish North Harbour.

COURSE 5 SW 13.5nm

1. Start North Harbour, 2. Rocky Point AS, 3. Edwards Beach
AS, 4. Cannae Point AS, 5. Taylors Bay AS,
6. Cannae Point AS (*), 7. Chowder Bay South AS, 8.
Cannae Point AS, 9. Finish Hunters Bay.

COURSE 6 W 12nm

1. Start North Harbour, 2. Rocky Point AS, 3. Edwards Beach
AS, 4. Laid Mark Quarantine Head, 5. Rocky Point AS, 6.
Edwards Beach AS, 7. Cannae Point AS, 8. Rocky Point AS,
9. Edwards Beach AS (*), 10. Laid Mark Quarantine Head, 11.
Grotto Point AS, 12. Finish North Harbour.

COURSE 7 NW 13nm

1. Start Camp Cove. 2. Rocky Point AS, 3. Edwards Beach
AS, 4. Lady Bay AS, 5. Grotto Point AS, 6. Lady Bay AS, 7.
Grotto Point AS, 8. Lady Bay AS (*), 9. Manly West AS, 10.
Manly East AS, 11. Lady Bay AS, 12. Finish Grotto Point.

COURSE 8 N 13.5nm

1. Start Camp Cove, 2. Manly West AS, 3. Manly East
AS, 4. Lady Bay AS, 5. Cannae Point AS, 6. Eastern
Channel AS (*), 7. Manly West AS, 8. Manly East AS, 9.
Lady Bay AS, 10. Finish North Harbour.

COURSE 9 NE alt 12.5nm

1. Start Reef Beach, 2. Laid Mark Manly, 3. Lady Bay AS,
4. Taylors Bay AS (*), 5. Cannae AS, 6. Taylors Bay AS,
7. Finish North Harbour.

COURSE 10 S alt. 12nm

1. Start North Harbour 2. Shark Island AS, 3. Shark
Island (*), 4. Manly West AS, 5. Manly East AS, 6.
Neilson Park AS, 7. Finish North Harbour.

COURSE 11 SE OR SW alt. 12nm

1. Start Fairlight Beach, 2. Laid Mark Quarantine Head,
3. Laid Mark Forty Baskets, 4. Laid Mark Quarantine
Head, 5. Laid Mark Forty Baskets, 6. Laid Mark
Quarantine Head (*), 7. Laid Mark Forty Baskets, 8.
Laid Mark Quarantine Head, 9. Laid Mark Forty
Baskets, 10. Laid Mark Quarantine Head, 11. Finish
North Harbour.

COURSE 12 E ALT 11.0nm

1. Start Forty Baskets Beach, 2. Laid Mark Manly, 3.
Cannae Point AS, 4. Edwards Beach AS, 5. Laid Mark
Quarantine Head, 6. Edwards Beach AS, 7. Laid Mark
Quarantine Head (*), 8. Edwards Beach AS, 9. Finish
North Harbour.

COURSE 13 N ALT 12.5nm

1. Start Reef Beach, 2. Laid Mark Manly, 3. Lady Bay
AS, 4. Manly West AS, 5. Manly East AS,
6. Lady Bay AS (*), 7. Manly West AS, 8. Manly East AS,
9. Lady Bay AS, 10. Finish North Harbour.

COURSE 14 NW ALT 12nm

1. Start Quarantine Beach, 2. Laid Mark Forty Baskets,
3. Laid Mark Quarantine Head,
4. Laid Mark Forty Baskets, 5. Laid Mark Quarantine
Head, 6. Grotto Point AS, 7. Lady Bay AS (*), 8. Grotto
Point AS, 9. Lady Bay AS, 10. Grotto Point AS, 11. Finish
North Harbour.

Attachment A – DIVISION 2 PASSAGE COURSES

Note: Shortened Course () – Refer to SI 15.1*

COURSE 1 NE 11nm

1. Start Hunters Bay, 2. Manly West AS, 3. Manly East AS, 4. Rocky Point AS, 5. Edwards Beach AS, 6. Cannae Point AS, 7. Obelisk Bay AS (*), 8. Cannae Point AS, 9. Obelisk Bay AS, 10. Finish North Harbour.

COURSE 2 E 12nm

1. Start Hunters Bay, 2. Laid Mark Quarantine Head, 3. Grotto Point AS, 4. Laid Mark Quarantine Head, 5. Grotto Point AS, 6. Cannae Point AS, 7. Rocky Point AS, 8. Edwards Beach AS (*), 9. Laid Mark Quarantine Head, 10. Rocky Point AS, 11. Edwards Beach AS, 12. Finish North Harbour.

COURSE 3 SE 11.5nm

1. Start Grotto Point, 2. Neilson Park AS, 3. Chowder Bay South AS, 4. Rose Bay AS, 5. Grotto Point AS (*), 6. Lady Bay AS, 7. Grotto Point AS, 8. Finish Watsons Bay.

COURSE 4 S 11.5nm

1. Start North Harbour, 2. Eastern Channel AS, 3. Manly West AS, 4. Manly East AS (*), 5. Lady Bay AS, 6. Manly West AS, 7. Manly East AS, 8. Finish North Harbour.

COURSE 5 SW 11.5nm

1. Start North Harbour, 2. Rocky Point AS, 3. Edwards Beach AS, 4. Cannae Point AS, 5. Obelisk Bay AS, 6. Cannae Point AS (*), 7. Chowder Bay South AS, 8. Cannae Point AS, 9. Finish Hunters Bay.

COURSE 6 W 11nm

1. Start North Harbour, 2. Rocky Point AS, 3. Edwards Beach AS, 4. Laid Mark Quarantine Head, 5. Grotto Point AS, 6. Cannae Point AS, 7. Rocky Point AS, 8. Edwards Beach AS (*), 9. Laid Mark Quarantine Head, 10. Grotto Point AS, 11. Finish North Harbour.

COURSE 7 NW 10nm

1. Start Camp Cove, 2. Obelisk Bay AS, 3. Lady Bay AS, 4. Grotto Point AS, 5. Lady Bay AS, 6. Grotto Point AS, 7. Lady Bay AS (*), 8. Manly West AS, 9. Manly East AS, 10. Lady Bay AS, 11. Finish Grotto Point.

COURSE 8 N 10nm

1. Start Camp Cove, 2. Cannae Point AS, 3. Lady Bay AS, 4. Cannae Point AS, 5. Eastern Channel AS (*), 6. Manly West AS, 7. Manly East AS, 8. Lady Bay AS, 9. Finish North Harbour.

COURSE 9 NE alt. 10nm

1. Start Reef Beach, 2. Laid Mark Manly, 3. Lady Bay AS, 4. Obelisk Bay AS (*), 5. Cannae Point AS, 6. Taylors Bay AS, 7. Finish North Harbour.

COURSE 10 S alt. 11nm

1. Start North Harbour, 2. Neilson Park AS (*), 3. Manly West AS, 4. Manly East AS, 5. Neilson Park AS, 6. Finish North Harbour.

COURSE 11 SE OR SW alt. 9.5nm

1. Start Fairlight Beach, 2. Laid Mark Quarantine Head, 3. Laid Mark Forty Baskets, 4. Laid Mark Quarantine Head (*), 5. Laid Mark Forty Baskets, 6. Laid Mark Quarantine Head, 7. Laid Mark Forty Baskets, 8. Laid Mark Quarantine Head, 9. Finish North Harbour.

COURSE 12 E ALT 10.0nm

1. Start Forty Baskets Beach, 2. Laid Mark Manly, 3. Cannae Point AS, 4. Grotto Point AS, 5. Cannae Point AS, 6. Edwards Beach AS, 7. Laid Mark Quarantine Head (P)(*), 8. Edwards Beach AS, 9. Laid Mark Quarantine Head (P), 10. Finish North Harbour.

COURSE 13 N ALT 10.0nm

1. Start Reef Beach, 2. Laid Mark Manly, 3. Cannae Point AS, 4. Manly West AS, 5. Manly East AS, 6. Lady Bay AS (*), 7. Manly West AS, 8. Manly East AS, 9. Lady Bay AS, 10. Finish North Harbour.

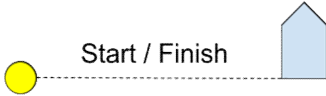
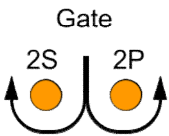
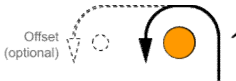
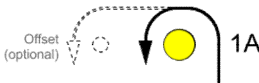
COURSE 14 NW ALT 12nm

1. Start Quarantine Beach, 2. Laid Mark Forty Baskets, 3. Laid Mark Quarantine Head, 4. Laid Mark Forty Baskets, 5. Lady Bay AS(*), 6. Grotto Point AS, 7. Lady Bay AS, 8. Grotto Point AS, 9. Finish North Harbour.

Attachment A – SPRINT COURSES

An offset mark may be located approximately 25 to 100 metres from the windward mark, at an angle approximately 90 degrees from the direction of the windward leg. When an offset mark is laid, boats must round the corresponding offset mark to port immediately after rounding mark 1 or 1A.

Course	Division 1	Division 2
Course 1:	Start 1A Finish	Start 1 Finish
Course 2:	Start 1A Gate 1A Finish	Start 1 Gate 1 Finish
Course 3:	Start 1A Gate 1A Gate 1A Finish	Start 1 Gate 1 Gate 1 Finish



Courses 1, 2 & 3

Attachment B – LAID MARKS

Mark	Description
Laid Mark Quarantine Head	MHYC or MYC inflatable buoy in the vicinity of Quarantine Head
Laid Mark Manly	MHYC or MYC inflatable buoy laid approximately 200m South-West of Manly Ferry Wharf
Laid Mark Forty Baskets	MHYC or MYC inflatable buoy laid approximately 250m East of Forty Baskets Beach
Start / Finish	Yellow inflatable buoy
Mark 1A	Yellow inflatable buoy
Mark 1	Orange inflatable buoy
Marks 2S & 2P (Gate)	Orange inflatable buoys