



Two Up Cup

Saturday 25 April 2026

Sailing Instructions

Post-Race Presentation and Two Up in the Harbour View Room



LEST WE FORGET

ANZAC

DAY 

25th APRIL

ANZAC Day Two Up Cup

Saturday 25 April 2026

SAILING INSTRUCTIONS

1 RULES

- 1.1 The races will be governed by the current versions of:
- the rules as defined in the Racing Rules of Sailing (“RRS”);
 - the Special Regulations of Australian Sailing (“Special Regulations”);
 - the Middle Harbour Yacht Club Notice of Race (“MHYC NOR”)
- except as any of these are modified by these Sailing Instructions, and by these Sailing Instructions (“SI”).
- 1.2 Attention of competitors is drawn to the MHYC Notice of Race including their responsibilities under the applicable NSW Maritime legislation.
- 1.3 The Sailing Office of Middle Harbour Yacht Club (“MHYC”) shall be the Race Committee (“RC”) for the purposes of, and with, the powers and discretions contained in RRS 90.1. This amends MHYC NOR 4.2.
- 1.4 A boat shall comply with the RRS Appendix G, Identification on Sails.
- 1.5 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS 55.2 and 55.3.
- 1.6 Boats with movable or variable ballast (within the meaning of those terms in the Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.
- 1.7 RRS 52 does not apply the adjustment and operation of sails or the adjustment of movable appendages on any boat.

2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the Official Notice Board which is located on the [MHYC Website](#).

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes to these Sailing Instructions, if any, will be posted not later than 2 hours prior to the warning signal of the race.

4 SIGNALS

- 4.1 Signals made ashore will be displayed from the MHYC Race Official’s Box on the north-western perimeter of the Club premises.
- 4.2 Signals will be as follows:
- | | |
|----------|-------------------------------------|
| 1220 Hrs | Course Board Displayed |
| 1230 Hrs | Start – Count-up Sequence Commences |
- 4.3 The display of the course number and the start of the count-up sequence may each be accompanied by a sound signal.

5 DIVISIONS

- 5.1 Divisions will be as per the published List of Entries. Spinnaker and Non-Spinnaker entries will be accepted in any division.

6 THE COURSE

- 6.1 The Courses are those annexed to these Sailing Instructions (Annexe A). Division 2 shall omit marks prefixed (x).
- 6.2 Courses may be shortened prior to the Start at the discretion of the RC. Should Code Flag "S" be displayed with or prior to the display of the course number, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (*).
- 6.3 Courses may be shortened in accordance with RRS 32.
- 6.4 The attention of competitors is drawn to MHYC NOR 13 & 15 - areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, Gowlland Bombora, Sow and Pigs Reef and Shark Island. A boat shall not sail into an area designated a prohibited area.

7 HANDICAP PURSUIT RACE

- 7.1 The race shall be a Handicap Pursuit Race per MHYC NOR 22 with a Count Up start sequence.
- 7.2 A boat shall comply with the Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 7.3 For boats that have entered as non-spinnaker, only a mainsail and headsails as defined in RRS 55.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 7.4 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC or its nominee.
- 7.5 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the effect on the boat's performance.
- 7.6 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress (amends RRS 60.1 and 62).
- 7.7 When only one boat in a division starts and sails the course within the time limit, the RC shall not abandon the race (amends RRS 32)

8 THE START

- 8.1 The Start Line shall be as MHYC NOR 16, Club House Start Line.
- 8.2 The RC will allocate a starting time in minutes to a boat for the race. A boat shall not start before the Starters Board has displayed its designated starting time.
- 8.3 There will be no recall signals. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting time in whole minutes, applied to her finish time. This amends RRS29.

9 THE FINISH

- 9.1 The Finish Line will be the Clubhouse Finish Line in MHYC NOR 17.
- 9.2 A boat's finish time shall be used for the calculation of its racing division results. The boat with the earliest finish time (after application of scoring penalties, if any) will be scored first.
- 9.3 All times will be recorded in minutes and whole seconds. Boats with equal finishing times shall be scored as dead heated.
- 9.4 All results will be subject to the application of Alternate Penalties, if any.

10 TIME LIMITS

- 10.1 The time limit will be 1600 hours on the day of racing. However, if the leading yacht finishes within the time limit, then other yachts will be timed in until 1630 hours.
- 10.2 A boat that does not finish within the time limit shall be scored DNF.

11 ALTERNATIVE PENALTIES

- 11.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 11.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

12 ABANDONED RACES

- 12.1 Abandoned races will not be resailed.

13 PROTESTS

- 13.1 Protests shall comply with MHYC NOR 24.
- 13.2 A protest shall be lodged within 45 minutes of the protesting boat's finish time (this amends MHYC NOR 24.2).

14 ADVERTISING

- 14.1 Boats may be required to display bow and/or boom stickers or backstay flags if supplied by the RC.

15 RADIO COMMUNICATION

- 15.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 15.2 Yachts shall maintain a listening watch on VHF Channel 72 for the duration of the race.

16 PRIZES

- 16.1 Prizes shall be presented at a post-race presentation.
- 16.2 The Perpetual Two-Up Cup Trophy will be presented to the joint winning boats in each division.

17 RESPONSIBILITY

- 17.1 Competitors participate in the MHYC Feature Race Program at their own risk. Special attention is drawn to RRS Fundamental Rule 3, which states: ***"The responsibility for a boat's decision to participate in a race or to continue racing is hers alone"***.
- 17.2 The Organising Authority, Event Sponsors (if applicable), and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 17.3 Neither MHYC nor event sponsors (if applicable) are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

ANNEXE A – Courses

COURSE 1 (10.3 nm / 9.0 nm approx.)

- | | | | |
|------|----------------------|--------|---------------------|
| 1. | Start MHYC | 4. (x) | AS Mark Point Piper |
| 2. | AS Mark Cannae Point | 5. (x) | Naval Buoy N3 |
| 3. * | AS Mark Shark Island | 6. | Finish MHYC |

COURSE 2 (10.9 nm / 9.0 nm approx.)

- | | | | |
|-----|--------------------|--------|----------------------|
| 1. | Start MHYC | 5. (x) | AS Mark Neilson Park |
| 2. | AS Mark Manly West | 6. | AS Mark Manly West |
| 3. | AS Mark Manly East | 7. | AS Mark Manly East |
| 4.* | AS Mark Lady Bay | 8. | Finish MHYC |

COURSE 3 (11.3 nm / 9.0 nm approx.)

- | | | | |
|-----|----------------------|--------|----------------------|
| 1. | Start MHYC | 5. (x) | AS Mark Grotto Point |
| 2. | AS Mark East Channel | 6. (x) | AS Mark Lady Bay |
| 3.* | AS Mark Shark Island | 7. | Finish MHYC |
| 4. | AS Mark Point Piper | | |

COURSE 4 (12.0 nm / 10.2 nm approx.)

- | | | | |
|--------|--------------------|--------|----------------------|
| 1. | Start MHYC | 5. | AS Mark Manly East |
| 2. * | AS Mark Rose Bay | 6. (x) | AS Mark Cannae Point |
| 3. (x) | Naval Buoy N3 | 7. | Finish MHYC |
| 4. | AS Mark Manly West | | |

COURSE 5 (13.5 nm / 11.4 nm approx.)

- | | | | |
|--------|----------------------|----|---------------------------|
| 1. | Start MHYC | 6. | AS Mark Chowder Bay North |
| 2. (x) | AS Mark Rose Bay | 7. | AS Mark Shark Island |
| 3. | AS Mark Shark Island | 8. | Shark Island |
| 4. * | Naval Buoy N3 | 9. | Finish MHYC |
| 5. (x) | Fort Denison (P) | | |

COURSE 6 (14.9 nm / 12.5 nm approx.)

- | | | | |
|--------|--------------------|----|--------------------|
| 1. | Start MHYC | 5. | AS Mark Manly West |
| 2. (x) | AS Mark Manly West | 6. | AS Mark Manly East |
| 3. (x) | AS Mark Manly East | 7. | AS Mark Lady Bay |
| 4. * | Naval Buoy N3 | 8. | Finish MHYC |

Notes:

- All Marks are to be rounded or passed to Starboard except those suffixed (P) which shall be rounded or passed to Port.
- Division 2 shall omit each mark prefixed (x).
- If Code Flag "S" is displayed prior to or with the warning signal all yachts should proceed directly to the finish after having rounded the mark prefixed *.