

# **Presenters**

- Phil Darling
- Toby Gursanscky
- Phil Clinton
- David Staley



# **Agenda**

- Session Aims
- MHYC Risk Management Framework
- Harbour Hazards
- Vessel & Crew Preparation
- Man Overboard Retrieval Techniques
- Managing On-Water Incidents
- Open Forum Discussion



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# **Session Aims**

- Inform and educate
- Reduce personal injury
- Reduce property damage
- Increase awareness
- Make safety a priority



# **Risk Management Framework**



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# **Risk Management Framework**

### Accredited Officials

- Safety Equipment Auditors
- Race Officers

### Documentation

- Australian Sailing Special Regulations
- Transport NSW Aquatic License Exemption
- Marine Safety Regulations
- Sailing Operations Plan
- Incident Management Plan
- Sailing Handbook
- Transport NSW Maritime Incident Reporting Process



# **Risk Management Framework**

- Safety Equipment Audits and Free Get Checked Days
- Communication
  - Annual Skippers Briefing
  - Other Forums
  - Notices & Reminders Noticeboard, Email
  - Signals











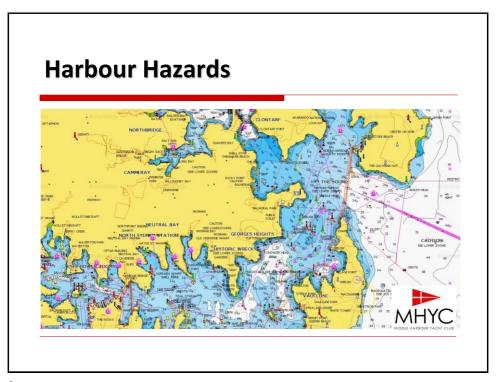
V Monitor communication channel for safety instructions (see rule 37).



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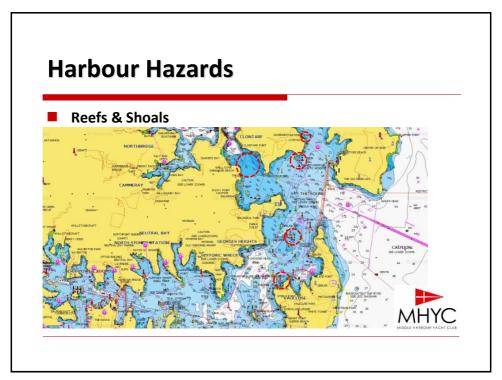
# **Harbour Hazards**

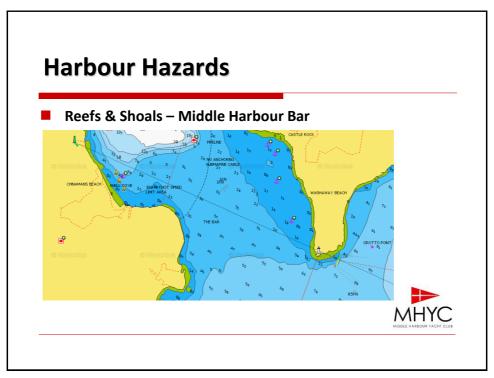


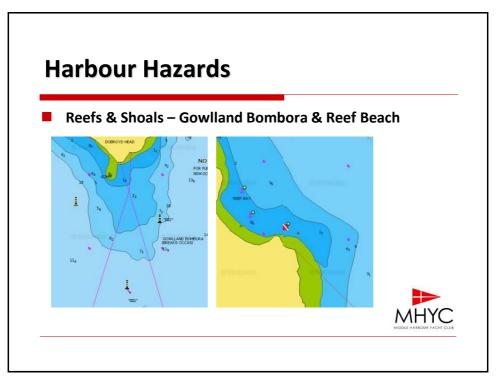


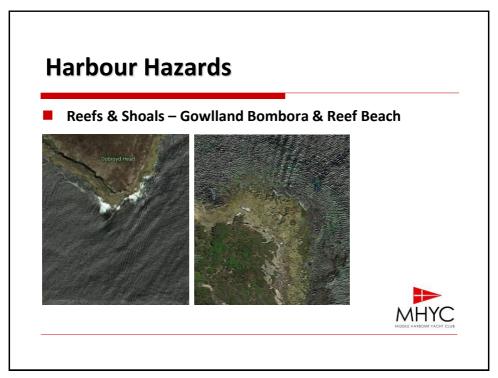


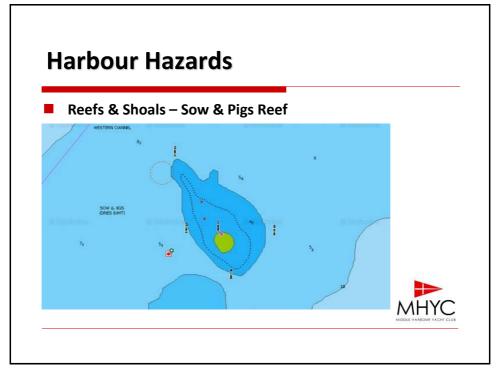


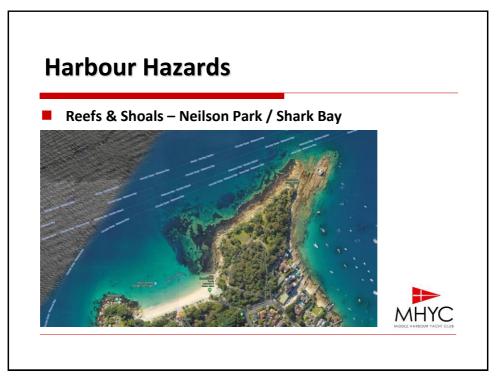


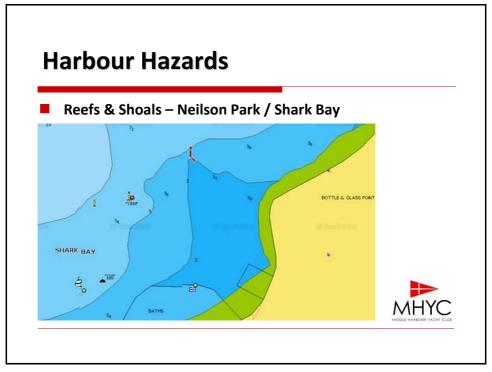


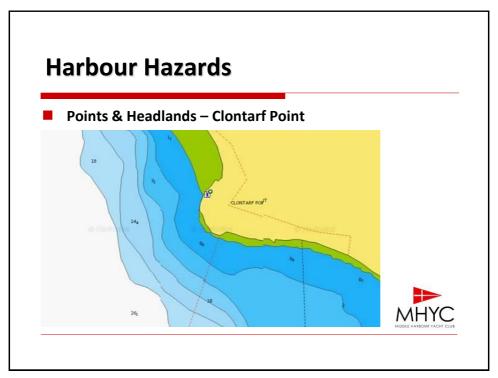


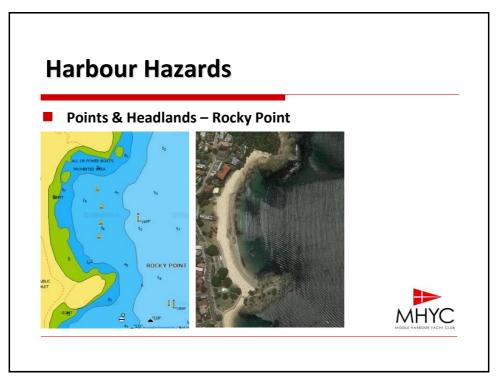


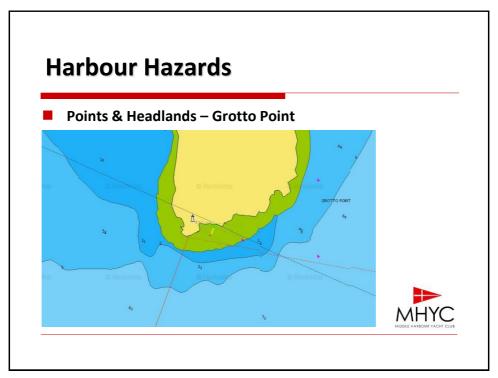


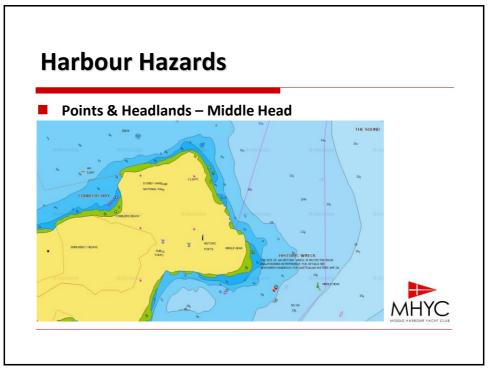


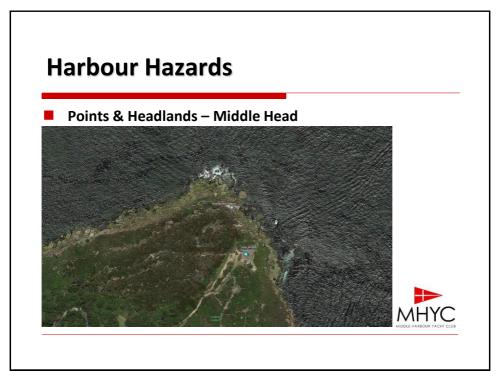


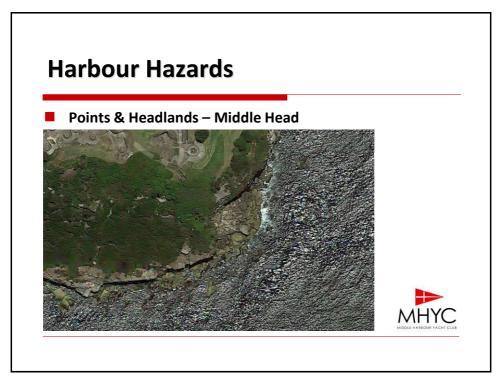


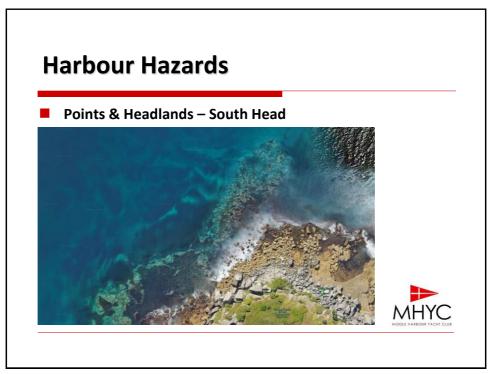


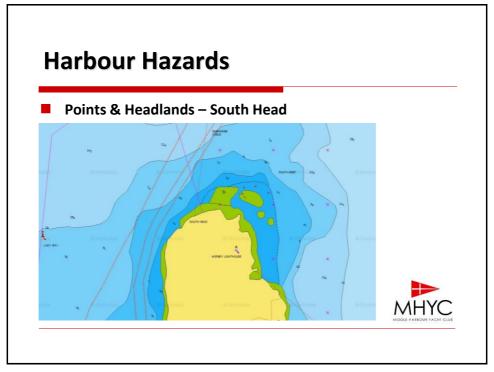


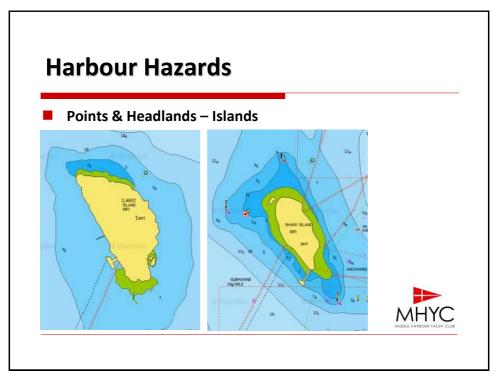


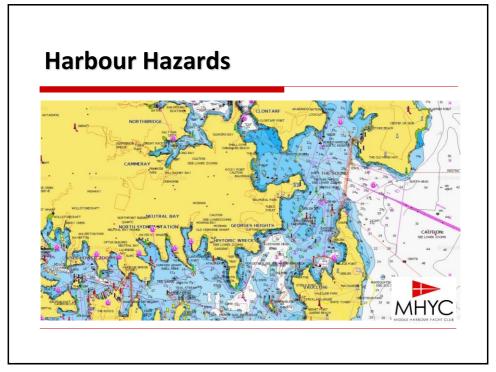












# **Vessel & Crew Preparation**



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# **Vessel & Crew Preparation**

- Hull, Rig & Sails
- Anchoring
- Emergency Equipment
- Crew Familiarisation & Training



# Hull, Rig and Sails

- Right gear for the day? What if conditions change?
- In good order?
- Enough fuel to get home?
- Bilge pumps OK? Buckets on board?
- Checklist before setting out



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# **Vessel & Crew Preparation - Anchoring**

- If all else fails stops a bad situation getting worse
- Must be assembled and ready to deploy
- Can the crew get it deployed quickly enough?
- Is it secured at the bitter end?
- Have you checked it in practice?



# **Emergency Equipment**

- Cat 7 (in-harbour) or Cat 4 (offshore) or as required by the sailing instructions
- Requirement to have equipment on board, in good condition and ready to use
- The regulation gear is just the minimum your boat and your crew may need or want more
- Make sure the crew and yourself can use it properly
  - radio (which channel?)
  - flares
  - anchor, MOB gear, first aid kit, and more ...



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# **Crew Familiarisation and Training**

- For existing and new crew have the occasional training day
- MOB
- Anchoring
- Reefing and storm sails
- Water ingress
- Abandon ship/calling for help
- Fire
- Medical emergencies
- Where the gear is kept
- And don't forget to brief new crew/guests





# Man Overboard Retrieval

### **Man Overboard Retrieval**

- Preparation Equipment and Training
- Awareness Recognise they are gone
- Locate
- Return to MOB
- Retrieval (Get them out of the water)
- Check and treat are they OK? Do they need first aid or medical/hospital treatment?



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# **Man Overboard - Preparation**

- Have the right equipment
- Have a procedure and practice it with the crew
- What if you (the skipper) goes over?







### **Man Overboard - Awareness**

- Shout and point
- Roll call after an incident
- Buddy system?
- BUT stay calm don't panic



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### **Man Overboard - Locate**

- Point & Shout (if you can see them don't lose sight)
- MOB button on your GPS (position to return to)
- Lifering or Danbouy to mark position
- Williamson turn? (motor boat technique but it does work)
- Search pattern (and call for help Mayday if necessary)
- At night hope they have a light or at least reflective gear



### Man Overboard - Return

- Stop as fast as possible
- Headsail/spinnaker down
- Centre the main
- Engine on (even if you don't need it but be careful of lines in the water)
- Return as quickly as you can
- BUT keep someone watching the MOB
- AND stay aware of other vessels and hazards
- AND keep the rest of the crew safe on board



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# **Man Overboard - Retrieval**

- Return upwind
- Stop next to them (Windward? Leeward?)
- If conscious
  - get a line to them (lifesling? Throwline?)
- If unconscious
  - someone needs to go in with them but don't lose them too!
- Get them on board somehow! (means will vary)



### Man Overboard - Check and Treat

- Are they OK?
- Why did they go over? Any injuries from that?
- Do they need first aid?
- Do you need to get them to medical or hospital treatment?
- Sources of help
  - other boats
  - Marine Rescue
  - MHYC (VHF 72)
- OR is everything OK and you can just continue? MHYC



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### **Man Overboard – Final Words**

- Can be very serious
- Best treatment is prevention keep everyone on board!



# **Managing On-Water Incidents**



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# **Managing On-Water Incidents**

- Possible scenarios...
  - Spinnaker hoisted, halyard jammed in masthead sheave
  - Lines caught around propeller
  - Loss of steering
  - Loss of engine power
  - Being taken in tow
  - Taking a boat in tow
  - Recovery from grounding
  - Loss of rig



# **Managing On-Water Incidents**

- Possible scenarios...
  - Spinnaker hoisted, halyard jammed in masthead sheave





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# **Managing On-Water Incidents**

- Possible scenarios...
  - Lines caught around propeller





# **Managing On-Water Incidents**

Possible scenarios...

- Loss of steering





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# **Managing On-Water Incidents**

Possible scenarios...

- Loss of engine power















