



January Cup

Incorporating the

Two Handed Race

Saturday 11 January, 2020

SAILING INSTRUCTIONS

Organising Authority - Middle Harbour Yacht Club

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TWO HANDED RACE

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1.0 RULES

1.1 The races will be governed by:

- the rules as defined in the Racing Rules of Sailing (“RRS”);
- the Special Regulations of Australian Sailing;
- the Middle Harbour Yacht Club Safety Requirements (“MHYC SR”)
- the MHYC Season 2019-2020 Notice of Race (“NoR”), except as any of these are modified by or inconsistent with these Sailing Instructions.

1.2 The Sailing Office of MHYC shall be the Race Committee. This amends MHYC NOR 4.2.

1.3 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS50.2 and 50.3.

1.4 Boats with movable or variable ballast (within the meaning of those terms in the AS Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.

1.5 RRS 52: RRS 52 does not apply to the adjustment and operation of sails or the adjustment of movable appendages on any boat. For the Two-Handed Race, the use of electronic steering devices is permitted.

1.6 A boat shall comply with the Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.

2.0 NOTICES TO COMPETITORS

2.1 Notices to Competitors will be posted on the Official Notice Board which is located in the breezeway of the Clubhouse.

3.0 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Any changes to these Sailing Instructions will be posted no later than 2 hours prior to the display of the Course Board for the race.

4.0 SIGNALS

4.1 Signals made ashore will be displayed from the MHYC Race Official’s Box on the North Western perimeter of the Club premises.

4.2 Signals will be as follows:

1220 Hrs Course Number Displayed

1230 Hrs Start Count-up Sequence

4.3 The display of the course board and the start of the count-up sequence may each be accompanied by a sound signal.

5.0 THE COURSE

5.1 The Courses are those annexed to these Sailing Instructions (Annexe A).

5.2 Courses may be shortened prior to the Start at the discretion of the RC. Should Code Flag “S” be flown with or prior to the display of the Course Board, the race will automatically be shortened and all yachts should proceed to the finish line after having rounded the mark indicated by an asterisk (*).

5.3 Courses may be shortened at any mark in accordance with RRS 32.

- 5.4 The nominated helmsman of each boat shall be at the helm during the period prior to starting and until the yacht is abeam of Grotto Point. Similarly, the nominated helmsman shall be at the helm from the time the yacht is abeam Grotto Point and until it finishes and clears the finish line. (This amends RRS 46).
- 5.5 The attention of competitors is drawn to the areas which are designated obstructions and prohibited areas in the vicinity of the Start and Finish lines, the Gowland Bombora and the Sow and Pigs Reef. A boat shall not sail into an area designated a prohibited area.

6.0 DIVISIONS

- 6.1 Competing yachts will be allocated to the following Racing Divisions:
- Division 1 – Spinnaker & Non-Spinnaker
 - Division 2 – Spinnaker & Non-Spinnaker
 - Division 3 – Two Person Crew, Spinnaker & Non-Spinnaker (sailed with Division 1)
 - Division 4 - Two Person Crew, Spinnaker & Non-Spinnaker (sailed with Division 2)
- 6.2 Yachts can enter both the January Cup and Two Handed Race.
- 6.3 For boats designated Non Spinnaker, no sails may be set forward of a mast which are not normally carried forward of that mast when working to windward. Any sail set forward of a mast shall not be set flying.
- 6.4 Divisional parameters may be constructed at the discretion of the RC, on receipt of entries. Allocation of Divisions will be published on the 'List of Entrants' prior to the race.
- 6.5 Divisions may be formed or abandoned at the discretion of the RC.

7.0 HANDICAP PURSUIT RACE

- 7.1 The race shall be a Handicap Pursuit Race per MHYC NOR 22 with a Count Up start sequence.
- 7.2 In races or divisions designated non-spinnaker, only a mainsail and headsails as defined in RRS 50.4 shall be used. Headsails shall not be set flying. (No sail shall be set forward of a point of attachment of the permanent forestay.)
- 7.3 Start numbers will be based on time correction factors (TCFs). A boat's TCF shall be determined by the RC or its nominee. A TCF may be adjusted after each race.
- 7.4 Boats shall notify the MHYC Sailing Office not later than 2 days prior to a race of any change, addition or alteration to a boat's hull appendages, equipment, sail inventory or skipper/crew that may affect its performance. At the discretion of the RC, a boat that fails to comply may be either disqualified after a hearing or have its results retrospectively adjusted by applying a new TCF based on the boat's performance.
- 7.5 The TCF, and a boat's start number based on it, shall not be subject to protest or constitute grounds for redress (amends RRS 60.1 and 62).
- 7.6 When only one boat starts and sails the course within the time limit, the RC shall not abandon the race (amends RRS 32).

8.0 THE START

- 8.1 The Start Line shall be as MHYC NOR 16.0, Clubhouse Start.
- 8.2 The RC will allocate a starting number to a boat for each race. A boat shall not start before the Starters Board has displayed its designated start number.
- 8.3 Numbers will be displayed at 1 minute intervals and will commence with the number '00:00'.
- 8.4 There will be no recalls. Any yacht deemed to have started prematurely and that has not returned and started correctly shall be penalised 5 minutes plus the difference between her starting time and starting number, applied to her finish time. (This amends RRS29.0)

9.0 THE FINISH

- 9.1 The Finish Line shall be as MHYC NOR 17.0, Clubhouse Finish.
- 9.2 A boat's finish time shall be used for the calculation of its racing division results. The boat with the earliest finish time (after application of scoring penalties, if any) will be scored first.
- 9.3 All times will be recorded in minutes and whole seconds. Boats with equal finishing times shall be scored as a dead heat.
- 9.4 All results will be subject to the application of Alternate Penalties, if any.

10.0 TIME LIMITS

- 10.1 The time limit will be 1700hrs. However, if the leading yacht finishes within the time limit, then the finish of other yachts will be recorded until 1730 hours.
- 10.2 A boat that does not finish within the time limit shall be scored DNF (amends RRS 35).

11.0 ALTERNATIVE PENALTIES

- 11.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.
- 11.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

12.0 ABANDONED RACES

- 12.1 Abandoned races will not be re-sailed.

13.0 PROTESTS

- 13.1 Protests shall comply with MHYC NOR 24.

14.0 ADVERTISING

- 14.1 Boats may be required to display bow and/or boom stickers provided by the RC.

15.0 RADIO COMMUNICATION

- 15.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 15.2 Yachts shall maintain a listening watch on VHF Channel 72 for the duration of the race.

16.0 PRIZES

- 16.1 Prizes shall be presented at a post-race presentation.

17.0 RESPONSIBILITY

- 17.1 Competitors participate in the MHYC Feature Race Program at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 17.2 The Organising Authority, Event Sponsors (if applicable), and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Feature Race Program and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 17.3 Neither MHYC nor the event sponsor (if applicable) are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

Annexe A - Courses

COURSE 1 – Boats may choose to sail **EITHER** of the two following course options.

Option 1 (approx. 14 miles)

1. START MHYC
2. AS MARK SHARK ISLAND
3. SHARK ISLAND
4. (X) CLARK ISLAND
5. * FORT DENISON (P)
6. BRADLEY'S HD SAFE WATER MARK (P)
7. AS MARK MANLY WEST
8. AS MARK MANLY EAST
9. FINISH MHYC

Option 2 (approx. 14 miles)

1. START MHYC
2. AS MARK MANLY WEST
3. AS MARK MANLY EAST
4. AS MARK SHARK ISLAND
5. * SHARK ISLAND
6. (X) CLARK ISLAND
7. FORT DENISON (P)
8. BRADLEY'S HD SAFE WATER MARK (P)
9. FINISH MHYC

COURSE 2 – Boats may choose to sail **EITHER** of the two following course options.

Option 1 (approx. 18 miles)

1. START MHYC
2. AS MARK LADY BAY
3. AS MARK NIELSEN PARK
4. BRADLEY'S HD SAFE WATER MARK (P)
5. CLARK ISLAND
6. * AS MARK NIELSEN PARK
7. BRADLEY'S HD SAFE WATER MARK (P)
8. (X) FORT DENISON (P)
9. AS MARK MANLY WEST
10. AS MARK MANLY EAST
11. (X) AS MARK EDWARDS BEACH
12. FINISH MHYC

Option 2 (approx. 18 miles)

1. START MHYC
2. AS MARK MANLY WEST
3. AS MARK MANLY EAST
4. AS MARK NIELSEN PARK
5. * CLARK ISLAND
6. AS MARK NIELSEN PARK
7. BRADLEY'S HD SAFE WATER MARK (P)
8. (X) FORT DENISON (P)
9. BRADLEY'S HD SAFE WATER MARK (P)
10. AS MARK OBELISK BAY
11. (X) YA MARK EDWARDS BEACH
12. FINISH MHYC

COURSE 3 – Boats may choose to sail **EITHER** of the following course options.

Option 1 (approx. 16 miles)

1. START MHYC
2. AS MARK MANLY WEST
3. AS MARK MANLY EAST
4. (X) AS MARK LADY BAY
5. (X) AS MARK CANNAE POINT
6. AS MARK LADY BAY
7. AS MARK ROCKY POINT
8. * AS MARK EDWARDS BEACH
9. AS MARK CANNAE POINT
10. AS MARK NIELSEN PARK
11. FINISH MHYC

Option 2 (approx. 16 miles)

1. START MHYC
2. AS MARK NIELSEN PARK
3. AS MARK CANNAE POINT
4. (X) AS MARK LADY BAY
5. (X) AS MARK CANNAE POINT
6. AS MARK ROCKY POINT
7. * AS MARK EDWARDS BEACH
8. AS MARK LADY BAY
9. AS MARK MANLY WEST
10. AS MARK MANLY EAST
11. FINISH MHYC

NOTES

- 1) If the "S" flag is displayed at the start, all yachts proceed to the finish line after rounding the mark prefixed *.
- 2) All Marks shall be rounded or left to Starboard excepting those suffixed with the letter "P" which shall be rounded to Port.
- 3) Division 2 and 4 entrants shall omit those marks prefixed (X).
- 3) Mark descriptions - refer to page 93 of the MHYC Sailing Handbook 2019-2020 & course chartlet.