



Women's Regatta

Saturday 4 May, 2019

SAILING INSTRUCTIONS

Proudly Supported By



Organising Authority

Middle Harbour Yacht Club

Lower Parriwi Road, The Spit Mosman, NSW 2088

PO Box 106, Seaforth, NSW 2092

P: 02 9969 1244 E: sailing@mhyc.com.au W: www.mhyc.com.au

SAILING INSTRUCTIONS

1.0 RULES

- 1.1 The Organising Authority for the event is the Middle Harbour Yacht Club (MHYC).
- 1.2 The Race will be governed by;
 - a) the Racing Rules of Sailing (RRS),
 - b) the 2017-2020 Special Regulations of Australian Sailing (AS).
- 1.3 A boat shall comply with the Special Regulations Part 1 for Category 7. An audited Special Regulations Form for the relevant Category (or higher) shall be submitted with the entry if not already held by MHYC.
- 1.4 The Sailing Office of MHYC shall be the Race Committee ("RC") for the purposes of, and with, the powers and discretions contained in RRS 90.1. This amends MHYC NOR 4.2.
- 1.5 Fixed and retractable spinnaker poles and bowsprits will be permitted for the purpose of setting asymmetrical spinnakers. This amends RRS 50.2 and 50.3.
- 1.6 Boats with movable or variable ballast (within the meaning of those terms in the Special Regulations) may move that ballast for the purpose of changing trim or stability. This amends RRS 51.
- 1.7 RRS 52 is changed so that it does not apply to the adjustment and operation of sails or the adjustment of movable appendages on any boat.
- 1.8 Pennants may be provided by the event sponsors. If provided, pennants shall be flown from the backstay at all times whilst racing. Boats failing to comply with this may be protested by the Race Committee only. This alters RRS 60.1 and 60.3.

2 NOTICES TO COMPETITORS

- 2.1 Notices to Competitors will be posted on the Official Notice Board on the [regatta webpage](#) and may also be displayed on the noticeboard located in the Breezeway of the MHYC Clubhouse.

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 0830hrs on the day it will take effect except that any change to the schedule of races will be posted prior to 1800hrs on the day before it will take effect.
- 3.2 Any change to the Sailing Instructions made 'afloat' will be indicated by the display of Code Flag L and accompanied by two sound signals. The change will be communicated on the designated course VHF channel and/or displayed on the committee boat.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Signal Mast adjacent to the MHYC Starters Box, located in the North Eastern corner of the Club premises.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The schedule of racing on Saturday 4 May 2019 is as follows:

1100hrs	1 x Windward-Leeward Race
ASAP thereafter	1 x Windward-Leeward Race
1400hrs	1 x Passage Race
- 5.2 The scheduled time of the warning signal for the first race is 1055hrs
- 5.3 No warning signal will be made after 1530hrs

6 CLASS FLAGS

6.1 The Class flag will be as follows:

Open Keelboat Div 1	Code Flag W
Adams 10	Code Flag T
Open Keelboat Div 2	Code Flag D
Elliott 7	Code Flag E
J24	Code Flag F
Melges 20	Code Flag G
Yngling	Code Flag J

7 RACING AREA

7.1 Racing will be conducted on the waters of Sydney Harbour.

7.2 The starting area will be in the vicinity of The Sound or Hunters Bay, Balmoral.

7.3 The Committee Vessel will announce the starting area on the Race Management Channel VHF 72.

8 COURSES

8.1 The courses are described in Appendices A & B.

8.2 Boats shall pass on the safe water side of the following Cardinal Marks:

- a) Gowlland Bombora (Dobroyd) – All Marks
- b) Sow and Pigs Reef– All Marks
- c) Shark Island– South and West Marks

8.3 Boats shall not sail in the following prohibited areas:

- a) The area bounded by imaginary lines projected from the shore joining the West, South and East Cardinal Marks surrounding Gowlland Bombora.
- b) The area bounded by imaginary lines joining the North, East, South and West Cardinal Marks surrounding Sow and Pigs Reef.
- c) The Area between AS Mark Shark Island and Shark Island is a continuing obstruction and no boat shall pass between them.

8.4 For the purpose of RRS 19 and 20, all Cardinal Marks surrounding the Gowlland Bombora and the Sow and Pigs Reef and all imaginary straight lines projected between such marks, shall be deemed obstructions.

8.5 All competitors are requested to remain to the starboard side of shipping channels where practicable.

9 THE START LINE

The starting line will be between a signal mast displaying an Orange Flag on the Race Committee Vessel and a yellow mark at the port end.

10 THE FINISH

The finishing line will be between a signal mast displaying a Blue Flag on the Race Committee Vessel and a yellow mark at the port end.

11 TIME LIMITS

11.1 For the Windward-Leeward Races, the time limit will be 20 minutes after the first boat in the division has finished.

11.2 For the Passage Race, the time limit will be 1630hrs. If any boat finishes within the time limit, finishing times will be recorded until 1700hrs.

11.3 A boat that does not finish within the time limit shall be scored DNF. This amends RRS 35.

12 ALTERNATIVE PENALTIES

12.1 For an infringement of RRS Part 2, the Two-Turns Penalty (RRS 44.2) shall apply.

12.2 For an infringement of any other rule or requirement, the Scoring Penalties of RRS 44.3 shall apply. The penalty shall be computed as a percentage of the number of entries in the relevant division.

13 ABANDONED RACES

Abandoned races will not be re-sailed.

14 PROTESTS

- 14.1 Protest forms are available at the Sailing Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 14.2 The protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 14.3 Notices will inform competitors of hearings in which they are parties or named as witnesses.
- 14.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

15 RADIO COMMUNICATION

- 15.1 Except in an emergency, while racing a boat shall neither make radio transmissions nor receive radio transmissions not available to all boats. This restriction also applies to mobile telephones.
- 15.2 Yachts shall maintain a listening watch on VHF Channel 72 prior to and for the duration of the race.
- 15.3 Competitors retiring from the race shall advise the RC on Channel 72 or the Sailing Office by phone 8969 3103 as soon as practicable.

16 PRIZES

Prizes shall be presented at a post-race presentation.

17 RESPONSIBILITY

- 17.1 Competitors participate in the MHYC Women's Regatta at their own risk. Special attention is drawn to RRS Fundamental Rule 4, which states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".
- 17.2 The Organising Authority, Event Sponsors, and their respective officers, employees, volunteers and members accept no liability for any injury, loss or damage that may be suffered by any competitor, and any liability for harm to persons that results from breach of an express or implied warranty that the MHYC Women's Regatta and all services relating thereto will be conducted or rendered with reasonable care and skill is excluded.
- 17.3 Neither MHYC, nor the event sponsors, are responsible for the seaworthiness of a boat whose entry is accepted or the sufficiency or adequacy of its equipment.

APPENDIX A – WINDWARD LEEWARD COURSES

A1 THE COURSES

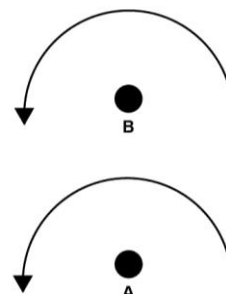
- A1.1 Prior to the class preparatory signal, the course to be sailed will be displayed on a Course Board on the CV, preceded by the letter 'W', to indicate the number of rounding's of the Windward Mark.
- A1.2 All Marks are rounded to PORT except the Gate. If only one Gate Mark is laid, boats shall round that Mark to Port.
- A1.3 A course change will be signaled as per RRS 33. Code flag C will be displayed along with a new bearing to the next mark of the course. The new mark will be the same colour with the addition of a Black Band. Subsequent legs may be changed without further signaling to maintain the course geometry.

SIGNAL	DIVISION	COURSE
W1	Open Keelboat Div 1, Adams 10 Divisions	Start – B – Finish
	Open Keelboat Div 2, Elliot 7, Melges 20, J-24 & Yngling Divisions	Start – A – Finish
W2	Open Keelboat Div 1, Adams 10 Divisions	Start – B – Gate – B – Finish
	Open Keelboat Div 2, Elliot 7, Melges 20, J-24 & Yngling Divisions	Start – A – Gate – A – Finish
W3	Open Keelboat Div 1, Adams 10 Divisions	Start – B – Gate – B – Gate – B – Finish
	Open Keelboat Div 2, Elliot 7, Melges 20, J-24 & Yngling Divisions	Start – A – Gate – A – Gate – A – Finish

A2 MARKS

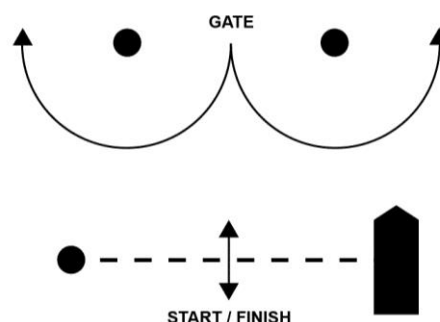
Marks are described as follows:

COURSE MARKS	MARK DESCRIPTIONS
Start & Finish Mark	Yellow Inflatable Mark
Mark B (Windward Mark for Div 1, Adams 10)	Orange Inflatable Mark
Mark A (Windward Mark for Div. 2, Elliot 7, Melges 20, J24 & Yngling)	Yellow Inflatable Mark
Gate Marks	Orange Inflatable Mark/s
Change Of Course Mark B	Orange Inflatable Mark with Black Band
Change Of Course Mark A	Yellow Inflatable Mark with Black Band



A3 COURSES

The course is described as follows:



APPENDIX B – PASSAGE COURSES

B1 THE COURSES

B1.1 All marks are to be rounded to STARBOARD

B1.2 Boats in Division 2, Yngling, J-24, Elliot 7 and Melges 20 Divisions shall omit marks prefixed (X)

COURSE 1 — NORTH EAST / NORTH (approx. 12.6nm / 8.2nm)

- | | |
|-----------------------------------|----------------------------------|
| 1. Start Obelisk Bay / Sow & Pigs | 6. AS Mark Obelisk Bay |
| 2. AS Mark Cannae Point | 7. (X) AS Mark Cannae Point |
| 3. AS Mark East Channel | 8. (X) AS Mark East Channel |
| 4. AS Mark Chowder Bay North | 9. (X) AS Mark Chowder Bay North |
| 5. AS Mark Cannae Point | 10. Finish Hunters Bay |

COURSE 2 — NORTH WEST / NORTH (approx. 11.7nm / 7.9nm)

- | | |
|---------------------------------|-----------------------------|
| 1. Start Camp Cove / Sow & Pigs | 7. AS Mark Cannae Point |
| 2. AS Mark Grotto Point | 8. AS Mark Lady Bay |
| 3. AS Mark Lady Bay | 9. (X) AS Mark Grotto Point |
| 4. AS Mark East Channel | 10. (X) AS Mark Lady Bay |
| 5. (X) AS Mark Manly West | 11. Finish Hunters Bay |
| 6. (X) AS Mark Manly East | |

COURSE 3 — SOUTH WEST / WEST (approx. 11.2nm / 8.4nm)

- | | |
|---------------------------|---------------------------|
| 1. Start Spring Cove | 7. (X) AS Mark Manly West |
| 2. AS Mark Edwards Beach | 8. (X) AS Mark Manly East |
| 3. (X) AS Mark Manly West | 9. AS Mark Cannae Point |
| 4. (X) AS Mark Manly East | 10. AS Mark Edwards Beach |
| 5. AS Mark Cannae Point | 11. AS Mark Cannae Point |
| 6. AS Mark Edwards Beach | 12. Finish Hunters Bay |

COURSE 4 — SOUTH EAST / SOUTH (approx. 12.1NM / 9.3nm)

- | | |
|-------------------------------------|-------------------------|
| 1. Start Hunters Bay / Grotto Point | 5. AS Mark East Channel |
| 2. AS Mark Rose Bay | 6. (X) AS Mark Rose Bay |
| 3. AS Mark Grotto Point | 7. Finish Hunters Bay |
| 4. AS Mark Lady Bay | |

FIXED AUSTRALIAN SAILING (AS) MARKS

Previously Yachting Australia or Yachting New South Wales (YA Marks), these are spar shape and yellow in colour. Locations are approximate and marks may be absent after heavy weather.

ID	LOCATION	ID	LOCATION
CBN	AS Mark Chowder Bay (North) Lat. 33-50-357 Lon. 151-15-593	ME	AS Mark Manly East Lat. 33-48-196 Lon. 151-16-726
CP	AS Mark Cannae Point Lat. 33-48-847 Lon. 151-16-895	MW	AS Mark Manly West Lat. 33-48-176 Lon. 151-16-625
EB	AS Mark Edwards Beach Lat. 33-49-252 Lon. 151-15-283	OB	AS Mark Obelisk Bay Lat. 33-49-872 Lon. 151-15-923
EC	AS Mark East Channel Lat. 33-50-514 Lon. 151-16-176	RB	AS Mark Rose Bay Lat. 33-51-747 Lon. 151-15-972
GP	AS Mark Grotto Point Lat. 33-48-987 Lon. 151-16-133	SP	AS Mark Sow & Pigs SW of reef (<i>Beashel Buoy</i>) Lat. 33-50-305 Lon. 151-16-177
LB	AS Mark Lady Bay Lat. 33-50-081 Lon. 151-16-612		

APPENDIX B – PASSAGE COURSE CHARTLET

