



MHYC

MIDDLE HARBOUR YACHT CLUB

MHYC Youth Development Squad



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Program Overview

MHYC Youth Development and Match Racing Programs have been developed to promote youth sailors' keelboat skills and provide pathways into yachting programs for youth sailors aged 13-17 in Club, National and International regattas.

The club's commitment to providing youth sail training will see youth sailors from 13 years old introduced to keelboat sailing and honing of skills for those who have done it before. The programs will make use of the club's newly purchased Melges 20s, with the ability to use asymmetric spinnakers.

MHYC Youth Development Squad

The Youth Development Squad (YDS) program is a selective group open to MHYC Youth Members between the ages of 13 to 17 who have demonstrated existing skills in dinghy or keelboat racing. The program will introduce sailors to the dynamics of small keelboat fleet racing and the use of asymmetric spinnakers.

Program Objectives

The YDS program aims to teach youth sailors the skills needed to competently and confidently sail and race small keelboats.

The program will focus on building core teamwork skills paired with advanced sail and boat trim techniques. The program also focuses on developing athletes skills in the following areas:

- Understanding and racing with asymmetric spinnakers.
- Fleet racing training.
- Extending the depth of knowledge surrounding the racing rules of sailing.
- Implementing racing tactics used in dinghy racing and transitioning these tactics to small keelboats.
- Introduction to match racing.

Program Eligibility

Sailors who are between the ages of 13-17 years old and have demonstrated sailing ability at a club, state or national level. All sailors must be financial members of the Middle Harbour Yacht Club to be eligible to participate in the Youth Development Programs.

All applications will be assessed on merit for the available positions. Squad places will be limited to 16 applicants.

Program Cost

Program Fee (incl. GST): \$900

The program fee covers coaching, team uniforms and use of the Melges 20s for the duration of the program.

The fee does not include membership.

The YDS program fee must be paid in full prior to the commencement of the program.

Program Schedule

Date	Program
Sunday, 18 th August 2024	8:30am - 12pm On Water Training #1
Sunday, 25 th August 2024	8:30am - 12pm On Water Training #2
Saturday, 31 st August 2024	12:30pm - 5pm On Water Training #3
Saturday, 7 th September 2024	12:30pm - 5pm On Water Training #4
Saturday, 14 th September 2024	12:30pm - 5pm On Water Training #6
Saturday, 21 nd September 2024	12:30pm - 5pm On Water Training #7
Saturday, 28 th September 2024	12:30pm - 5pm On Water Training #8
Saturday, 5 th October 2024	12:30pm - 5pm On Water Training #9
Saturday, 12 th October 2024	12:30pm - 5pm On Water Training #10
Saturday, 19 th October 2024	12:30pm - 5pm On Water Training #11
Saturday 26 th October 2024	8:30am - 12pm On Water Training #12

Expressions of Interest (EOI)

Expressions of interest (EOI) for squads will be submitted no later than 5pm Friday 9th August 2024, via the MHYC Youth Development webpage:

The EOI's will be reviewed by the MHYC Youth Development Program co-ordinators and coaching staff, and successful applicants will be notified shortly after the closing period listed above.

Please submit your application [here](#).

Program Co-ordinators

Felix Prince
Youth Sailing Manager
discoversailing@mhyc.com.au

Zac Brayden
Dock Master
marina@mhyc.com.au

Conditions of Participation

1. Youth Development Program participants shall behave in the manner expected of them as members of the Middle Harbour Yacht Club and shall adhere to the dress requirements of the Middle Harbour Yacht Club.
2. All participants shall attend all sessions set out in the program unless approved by the Head Coach or Youth Sailing Manager.
3. Neither the training yachts nor RIBS shall go on the water without authorised approval by the Youth Sailing Manager or Head Coach. Only the Youth Sailing Manager may authorise use of the boats outside the designated training scheduled.
4. Participants shall maintain their yacht to the highest standard. This includes cleaning the yacht prior and after usage and reporting any/all damage by submitting the Melges Damage Report Form to the Youth Sailing Manager.
5. Youth Development Program participants shall be issued a training uniform included as part of the program fees. The training uniform shall be worn at every training session. Participants selected for representative events shall wear the supplied training uniform along with provided uniform items.
6. All participants shall agree to abide by the *Athlete Code of Conduct Policy*.
7. Middle Harbour Yacht Club reserves the right to suspend or terminate the participation of any participants for breach of the conditions listed in the *Athlete Code of Conduct Policy*.

MHYC Athlete Code of Conduct

Middle Harbour Yacht Club aims to create an environment that fosters healthy on-water competition and responsible onshore behaviour. Participants are expected to behave in a respectful, responsible, co-operative, and congenial manner, with dedication to the MHYC Youth Performance Program.

1. All medical information should be noted down on the *Confirmation of Enrolment Form*. Participants displaying signs of intoxication or effects of drugs will be asked to leave the program.
2. All participants will be respectful of everyone in the program. Swearing or speaking disrespectfully to/of participants or coaches and/or bully or harass other participants will not be tolerated.
3. At all times participants will act in a proper sportsperson like manner.
4. Participants will be responsible for and respect MHYC boats and equipment according to club policy.
5. At all times participants will follow the directions and safety guidelines set out to me by MHYC staff, coaches and volunteers. I understand that I will be required to wear my PFD when on or near the water.
6. Participant agrees to sign off for the day with the coach before leaving at the conclusion of each day's activities.
7. Participant agrees that the Youth Sailing Manager's decision is final and that no lobbying will be entered into.
8. Participant acknowledges that the Middle Harbour Yacht Club reserves the right, in its absolute discretion, to suspend or terminate the participation of any members in the Youth Development Program for any breach of this Code of Conduct.