



**MIDDLE HARBOUR YACHT CLUB
THE COMPASS ROSE CRUISING LOG**

Volume No. 38 No. 8 September 2018

Editor: Evan Hodge & Kelly

**REMINDER NEXT CRUISING DIVISION MEETING
IS WEDNESDAY, SEPTEMBER 19TH**



MHYC Opening Day Sail Past 2018

CRUISING DIVISION OFFICE BEARERS – 2018 – 2019

<i>Cruising Captain</i>	Evan Hodge	0419-247-500
Vice-Commodore Cruising	Evan Hodge	0419-247-500
Secretary	Kelly Nunn-Clark	0457-007-554
Treasurer	Mike McEvoy	9968-1777
Membership	Kelly Nunn-Clark	0457-007-554
Name Tags	Mike McEvoy	9968-1777
Compass Rose Coordinator	Committee Members	
Safety Coordinator	Phil Darling	0411-882-760
Maritime Group	Mike McEvoy	9968-1777
Sailing Committee	Evan Hodge	0419-247-500
Guest Speakers	Committee Members as required; Royce Engelhardt (summer months)	
On Water Events Coordinators	Phil Darling, Evan Hodge	Phil 0411-882-760
Committee Members	Martyn Colebrook, Phil Darling, Royce Engelhardt, Evan Hodge, Mike McEvoy, Kelly Nunn-Clark, Dallas O'Brien, Dorothy Theeboom, Max Theeboom, John Tregoe	



Editor's note:

Deadline for the next edition of the Compass Rose, is **26/9/18**

The **EDITOR** for the next Compass Rose is **Mike McEvoy**

Please forward contributions via email to the editor: **[mmcevoy@bipond.net .au](mailto:mmcevoy@bipond.net.au)**

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division

CAPTAIN'S COLUMN – SEPTEMBER 2018



Well before you know it the 2018/2019 MHYC sailing season at MHYC is upon us. The traditional sail past was well attended by cruising division members with La Madre, Bloodhound, Caviar, Rapture and Nashira joining other racing members on a beautiful spring morning.



We had Supermen, Superwomen, Spiderman and a very dubious looking Wonder Woman in attendance. Congratulations to Alex Comino on Bloodhound who won the best dressed crew award.



August's Cruising Division meeting speaker was Chris Canty who gave a very honest and interesting summary of his 15 month circumnavigation aboard Galaxy III. Hats off to you Chris, this was a massive achievement and you are so humble when speaking about it.

Our next cruise, over the October long weekend, is to Pittwater. Come along and

make this a great start to the cruising season. If you have not yet expressed your interest in attending drop a line to cruising@mhyc.com.au with your name, vessel and email address so we can send you the sailing instructions.

On Sunday 28th October the Cruising Division will be hosting the Make-A-Wish Family Day where we take out families for a sail around the harbour and then come back to the club for sausage sizzle. It is a great day out for a good cause so if you wish to donate your time or vessel please drop a note to Max Theeboom at uni1948@tpg.com.au

Finally, I would like to remind you all again, the CD monthly meeting is moving to Wednesday night starting Wednesday September 19th. Please mark this change in your calendars. This month we will be hearing from Fiona and Jeff Wille and their Down under Go-East cruise on Zingara 2 to New Caledonia.

Stay warm, safe and enjoy the beginning of the sailing season.

Evan Hodge
Cruising Captain SY. *Nashira*

MHYC CRUISING DIVISION ANNUAL PROGRAM 2018-2019

Saturday, 8 September 2018	Cruising Division 090 Night Sail & Wachman Exercise
Friday, 14 September 2018	MHYC Literary Lunch with Berr Carroll
Wednesday, 19 September 2018	Cruising Division Meeting
Sat, Sun & Mon 29 Sept – 1 Oct 2018	Long Weekend Cruise to Pittwater
Friday, 12 October 2018	MHYC Literary Lunch with Richard de Crespigny
Wednesday, 17 October 2018	Cruising Division Meeting
Sunday, 28 October 2018	Make-a-Wish Foundation Charity Sailing Day
Sat & Sun, 17-18 November 2018	Tapas Tie-Up
Wednesday, 21 November 2018	Cruising Division Meeting
TBC	MHYC Xmas Party
Thurs – Sun, 27 – 30 December 2018	Variety Club Splash with RMYC & NCYC
Sat & Sun, 5 – 6 January 2019	CD New Year Raft-up, Dinghy Race and BBQ
Sat – Mon, 26 – 28 January 2019	Australia Day Holiday Weekend – TBC
24 February – 2 March 2019	Late Summer Cruise to Pittwater
Sat & Sun, 9 – 10 March 2019	Harbour Night Sail and Raft-up
Fri – Mon, 19 – 22 April 2019	Easter Cruise to Port Hacking
Sunday, 19 May 2019	On-Land Event (TBC)
Sunday, 2 June 2019	Cruising Division Long Lunch

REMINDER

Next Meeting:

Wednesday SEPTEMBER 19, 7:30 pm

BYO BBQ 6:30 pm

[September, October and November Cruising Division meetings will be held on the 3rd Wednesday]

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## **Septembers Guest Speakers:**

Jeff and Fiona Wille of Zingara 2



**Topic: “Down Under ‘GO EAST’ Rally” Sailing from the Gold Coast to New Caledonia**

The primary goal of the Down Under 'Go East' Rally is to provide those who join the rally from Australia to New Caledonia with information, support & benefits. Come along and hear about Jeff and Fiona’s preparation and experience with the rally and what it was really like.

~~~~~

Cheese Plate September Meeting: Kelly & Evan Hodge

Enveloping October Compass Rose: TBA

PAST EVENTS:

MHYC Opening day and Sail Past 1/9/2018 – First day of Spring



What a beautiful day mother nature turned on for the MHYC opening day. With blue skies and a high of 21 degrees' no one dare complain as the days on either side of Saturday were raining and cold.



1 - Spiderman aka. Dallas at the help of La Madre

The morning started with a light breakfast and talks led by our Commodore Peter Lewis thanking various people for their outstanding contributions as volunteers throughout the year. MHYC has so many wonderful volunteers who contribute their personal time and effort to make our club the vibrant place it is today. It was a pleasure to listen and acknowledge the achievements of so many.

After breakfast we headed off to our respective vessels for the traditional MHYC sail past which as history indicates apparently began at the first Yacht Club at Cowes in England

nearly 200 years ago. And while we don't follow traditional to the letter we had a wonderful time.

The following vessels from the Cruising Division made a grand showing; Bloodhound, Caviar, La Madre, Nashira and Rapture, with Bloodhound winning the best costumes for the day – the theme being Super heroes.



Dallas & Selina were second in the costume competition.

At the conclusion of the sail past many boats readied for the Commodore's Cup race. One of our newest cruising couples Dallas and Selina O'Brien aboard La Madre took part in their first race with Mike McEvoy and Jeremy Clarke aboard to show them the racing ropes. Max and Dorothy Theboom sailing Caviar were also competing. Well done all.

Kelly Nunn-Clark 'Nashira'

VALE
LINDSAY ROSE



It is with great sadness we advise MHYC Members of the sudden passing away last week of Lindsay Rose.

Lindsay was a valued long standing senior full member of MHYC with 40 years of membership – many of those spent sailing & racing on his boat Ruff'n'Tumble.

Lindsay donated much of his time to the club leading his team of volunteers on the maintenance and upgrading of the clubhouse and joined the membership committee in recent years.

Flag Officers, Directors, Management & Members of Middle Harbour Yacht Club extend their sincere condolences and sympathies to Lindsay's children, Ash & Trudy and all his very loyal sailing & golfing friends at this very sad time.

***A memorial gathering has been planned for
Tuesday, 11th September - Middle Harbour Yacht Club,
The Spit, Mosman from 2-5pm.***

The actual funeral date is still to be advised but the family did not want to delay sharing all the wonderful memories of Lindsay with his family and friends.

(Notice issued Tuesday 4th September 2018)



The Make-a-Wish foundation grants wishes to seriously ill children.

Each year, the MHYC Cruising Division offer the opportunity to take families out for a day on the water to enjoy a sailing experience on Sydney Harbour.

Please help us help these wishes come true by joining us on Sunday October 28th 2018 for a day on the water either with your expertise on board to help look after our "guests" or perhaps on return to help with the BBQ and cooking sausages for a late lunch.

We will be departing MHYC at 1030 and returning by 1330 for the sausage sizzle on the beach.

Please contact MHYC Member Max Theeboom on 0432 713793 or by email uni1948@tpg.com.au if you can help out in any way.



MEMBERS' CRUISING - UPDATE:

OUR FIRST SAFETY CHECK

Achieving Category 4 Safety accreditation for La Madre

By: Dallas and Selina O'Brien



Dallas' story:

Selina and I purchased our Hanse 385 in April this year, and moved her to Balmoral from Pittwater. We also joined MHYC at the same time. As new members, we were impressed with Cruising Division's commitment to safety, and set ourselves the goal to achieve Category 4 at the annual safety check.

Well, what a project! As we all know, some of the requirements are easy to achieve, and others require some major modifications to our yacht. Through a number of trips to Whitworths (Bunnings for Boats), and some shrewd purchases on the 2nd hand market (secondary anchor, drogue and anchor warp) we set

about equipping La Madre to pass the audit.

I won't tell you how much this project cost, as I don't want to shock my alternate skipper.

Being a Hanse, Hunky Dory became a role model and inspiration for us, and I thank Cam for his assistance. I must also thank Mike McEvoy who took time out to give me a pre-audit check a couple of months ago, without which I wouldn't have achieved this result.

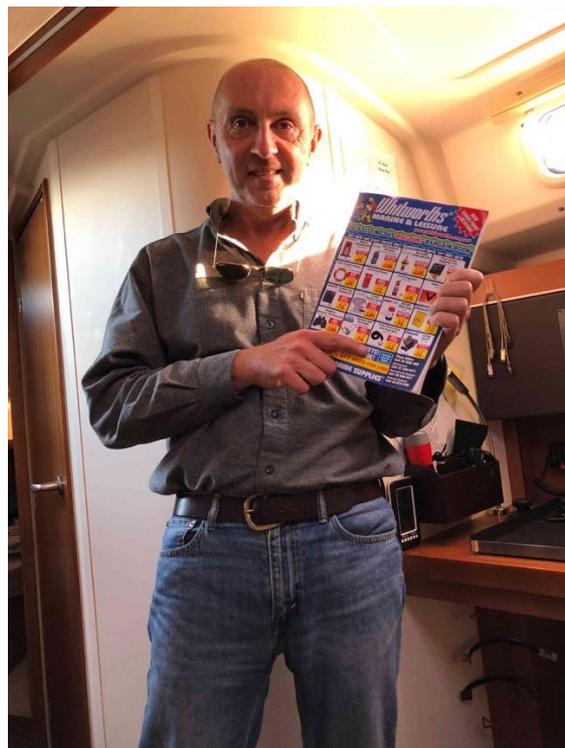
Lastly Trevor D'Alton can only be described as firm, fair and thorough in the professional way he conducted the audit. I learned a lot, and if the essence of Cruising Division is to coach newbies like us, then we are both overwhelmed by the help we were given.

Selina's story:

I know that when Dallas sets his mind to something, dogged determination sets in, but I never thought night-time reading for him would become the Special regulations from Sailing Australia, affectionately known as The Blue Book. On more than one occasion, Dallas fell asleep with his iPad in his hands!

We were awarded "customer of the month" at Whitworths (only joking), but I can state that Dallas knows all the staff by first name basis now. Just how much was the project Dallas? A ball-park figure will suffice 😊

It was a real sense of achievement to obtain Cat 4 on our first attempt, and I know that if we are ever in conditions that require our companionway hatch to be latched, a storm jib to be used or a drogue to be employed as a result of a missing rudder, I will kill my skipper, if the seas don't take me first.

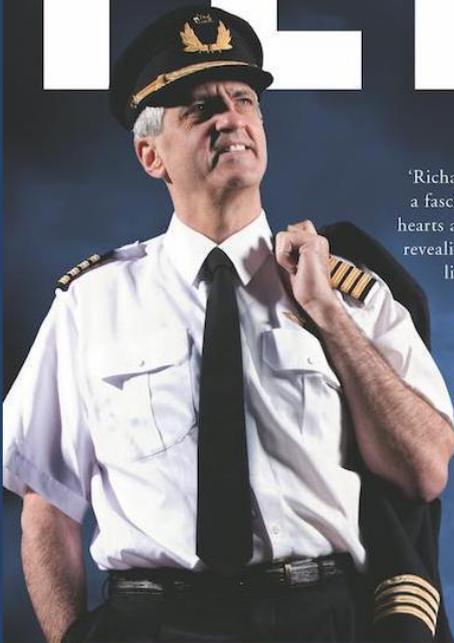




The bestselling author of *QF32*

RICHARD DE CRESPIGNY

FLY!



'Richard de Crespigny takes us on a fascinating journey through the hearts and minds of resilient leaders, revealing what it takes to overcome life's greatest challenges.'

**CHESLEY 'SULLY'
SULLENBERGER**

**CAPTAIN OF FLIGHT 1549,
THE MIRACLE ON THE HUDSON**

**LIFE LESSONS FROM
THE COCKPIT OF QF32**

LITERARY LUNCH

with bestselling author

**RICHARD DE
CRESPIGNY**

on his book 'FLY!'

"Richard de Crespigny takes us on a fascinating journey through the hearts and minds of resilient leaders, revealing what it takes to overcome life's greatest challenges."

Friday 12th October, 2018

12 Noon

Middle Harbour Yacht Club

\$60 per person

\$55 for members

Includes 2 course meal

and arrival drink

'Fly' will be available for purchase at the event.

To Book contact

Middle Harbour Yacht Club

9969-1244 | www.mhyc.com.au

Lower Parriwi Road, The Spit,
Mosman



CHEF'S CORNER

Vegetable Pasta Arrabiata

By Selina O'Brien 'La Madre'

Ingredients

Pasta of choice - I usually use 1 1/2 cup of penne for 2 people

1 x 375 ml bottle of Arrabbiata sauce
1 clove of garlic - chopped or crushed
1 small red chilli (optional)- chopped
1/2 teaspoon of mixed or Italian herbs
2 teaspoons of pesto
1/4 cup of fresh basil leaves
olive oil
salt & cracked black pepper
half a cup of sliced mushrooms
half a cup of sliced zucchini
half a cup of chopped red capsicum
half a cup of sliced eggplant
6 cherry tomatoes (halved)
parmesan cheese

Method:

At the moment I have only one working burner so I cook the pasta first and then the sauce. I use the one saucepan so this saves on washing up.

The quantities and selection of vegetables you add is of course optional. The ones I usually use though work well as they are reasonably soft and don't require a lot of cooking.

1. Cook the pasta until al dente in a large saucepan of salted water with a dash of olive oil. Drain.
2. Heat approximately 2 tablespoons of olive oil in saucepan.
3. Add garlic and chili, stirring quickly for 30 seconds.
4. To this add the harder eggplant, zucchini and capsicum. Cook until slightly brown.
5. Stir in mushrooms and tomatoes. Turn burner down low and put lid on. Allow vegetable to cook for a few minutes.
6. Stir in bottle of sauce, mixed herbs and pesto.
7. Season with salt and pepper.
8. Gently add cooked pasta to sauce and cook until pasta has reheated.
9. Just before serving stir in fresh basil leaves and allow them to wilt.
10. Serve with a generous sprinkle of grated parmesan cheese.



CD Quiz – September 2018 by Phil Darling

1. At night you see several green flares in the distance. What does this mean?
2. After the green flares in Q1, you see a red flare in the same general direction. What are your obligations in this case?
3. What kind of navigation marker has the characteristic on a chart of Fl(3)?
4. What colours would the marker in Q3 be painted?
5. You see a new marker, with vertical blue and yellow stripes and a yellow cross on top. A check of your on-board books (all several years old) does not help. What is it, and what would the night light be?
6. You check the engine oil before setting out, and notice it has turned a brown colour. What does this mean, and what should you do?
7. What is the Datum to use to ensure that your GPS returns the correct results? (check your GPS setup to ensure that this is set)
8. On entering Sydney Harbour, you sight a large vessel with two flags flying – a white and red flag (vertical halves), and a solid red flag (swallowtail). What are these flags, what do they mean, and what should you do?
9. Still on flags – you see a barge flying two flags one over the other – the top one is red with a vertical yellow cross, and the lower one is alternate red and white diagonal stripes. Again – what are these flags, what do they mean and what should you do?
10. Final flags question – you see a vessel flying two flags one over the other – the top one is blue and white checks, and the lower one is horizontal stripes – blue, then white, then red, then white, then blue. What does this mean and what are your obligations?



DRIFTWOOD

What does SUPERCARGO mean?

This is a shortening of cargo superintendent. Before the age of wireless communication, shipping companies assigned a cargo superintendent on-board to oversee all paperwork relating to the ship and its cargo.

TOOLS AVAILABLE TO CRUISING DIVISION MEMBERS FOR LOAN

The Cruising Division along with a few members have tools available that we are willing to loan to others members if the need arises. Presently we have the following available for loan.

BOLT CUTTER & SWAGING TOOL – Custodian is Paul Wotherspoon, Mike McEvoy also has these available if needed.

SEXTANT – Custodian is Evan Hodge

If you happen to have tools available that you are willing to loan short term please let us know at cruising@mhyc.com.au and we will put this into the Compass Rose next month.



Seen at Garden Island. What do you think it means? Send Ideas to cruising@mhyc.com.au

PHOTO COMPETITION for 2018 – September

September WinnerPhoto of the Month is John Howard

Send your photos to **Maralyn Miller** to enter into the 2018 Cruising Division Photo Competition. Each month the best photo received will be published, and in the running to win a new **Mystery Prize** at the end of 2018.



The winning photo for August is called “Zingaro II off Cape Howe” and was taken by John Howard.

Only one photo per month (as a JPG / JPEG) to be submitted. Remember, ... to be in the running to win the prize you must be in it.

HintGive your favourite photo a Title and Place taken. Submit your photo and to Darling.maralyn@ozemail.com.au. Good Shooting ...!!
Maralyn.

CD Quiz Answers – August 2018

1. Green flares are used by search and rescue aircraft to mark the search area and to encourage survivors to identify their location by firing a red (distress) flare.
2. Vessels receiving or observing a distress signal (such as a red flare) are required to give all assistance possible unless it places their own vessel in danger.
3. An East Cardinal Mark.
4. From top down: Black/Yellow/Black (three horizontal bands)
5. This is an emergency wreck marker bouy (added to the IALA system in 2006). If it is lit (and it should be), then at night it will show an alternating blue and yellow light. Keep clear!
6. This means that the oil is breaking down – either because it is a long time since you changed it (we hope not!), or maybe because it has been overheated. You should, of course, change the oil immediately to protect the engine – then look for the reason it may have overheated.
7. WGS84 – standing for the World Geodetic System reference set in 1984.
8. The white and red flag is code flag H (hotel), meaning a pilot is on board. The red swallowtail is code flag B (bravo), meaning the vessel is dangerous goods are on board. Keep well clear – in Sydney Harbour the regulation is at least 500m clear of the bow and at least 50m clear of either side and the stern (I would recommend more). If there is a pilot or escort vessel do not get between that vessel and the large one.
9. This is R (romeo) over Y (yankee) and is requiring that you keep clear, pass at slow speed and make no wash. Generally this is flown from work barges or similar, and the barge currently at the club for the hardstand work is flying it.
10. This is N (november) over C (charlie), and is a distress signal. Same as Q2 above.

USE YELLOW CELLS ONLY		CRUISING DIVISION PARTICIPATION POINTSCORE CALCULATION SHEET													TOTAL
		JAN - DEC 2018													
DATE =		Feb 26- Mar 4	Mar 10-11	Mar 30- Apr 2	TBA	16-17 June	Jul-15	01-Aug	TBA	Nov 18-19	Compass	Attendance	Technical	TOTAL	
EVENT =		1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Rose	at		Corner
ENTER CREW FOR EACH		Gosford Challenge	Late Summer Cruise	Harbour Night Sail, Trivia Quiz & Raftup	Easter Cruise - Jervis Bay	On land Event - TBA	Get Check Safety & Raftup	Long Lunch	On Land Event - Garden Island Naval Museum	090 - Night Sail & Safety Exercise	TBA	Feature Articles Points	Monthly Meeting Points	Projects compl't'd Points	CUMUL' SEASON POINTS
YACHT	No. Nights	1	8	1	4	1	1	1	1	4	1	2	1	3	
Altair	Crew								1			0	3	0	4
Kieth Watson	Nights								1						
Nanu	Crew											0	4	0	4
Michael	Nights														
Breeze	Crew							2	1			0	1	0	3
Bill & Helen	Nights							1							
Caviar	Crew	7		2			2	2	2			10	9	0	34
Max & Dot	Nights	1		1			1	1	1						
eXpresso	Crew							2	1			0	15	0	18
Phil & Maralyn	Nights							1	1						
Flemingo	Crew		1				1					0	4	0	9
John	Nights		4				1								
Kai-Lag	Crew			2				1	1			0	4	0	8
John	Nights			1				1	1						
Sisu	Crew						2	2	1			0	4	0	9
Mike & Suzanne	Nights						1	1	1						
Kodiak	Crew							2				0	6	0	8
Trevor & Lena	Nights							1							
Nashira	Crew			2	2		2	2	2			6	14	0	36
Evan & Kelly	Nights			1	4		1	1	1						
Rapture	Crew		1				1					4	7	0	16
Paul & Anne	Nights		4				1								
Simply Irresistible	Crew		2				2	2				8	12	0	32
Glynn & Gill	Nights		4				1	1							
Slack'n'Off	Crew				2		2					2	3	0	15
Martyn	Nights				4		1								
Galaxy III	Crew											2	2	0	4
Chris	Nights														
Sanctum	Crew							1				0	4	0	5
Jean & Noel	Nights							1							
Bloodhound	Crew											0	3	0	3
Alex	Nights							2							
Buggalugs	Crew							1				0	10	0	10
Jeremy & Kristin	Nights														
Tulip	Crew								1			0	2	0	3
Dick	Nights								1						
Zingara II	Crew											4	3	0	7
Jeff	Nights														
Zingarro II	Crew											4	1	0	5
John	Nights														
Hunky Dory	Crew							2				0	14	0	16
Aileen & Cam	Nights							1							
Isobel II	Crew											0	5	0	5
Val & Des	Nights														
La Madre	Crew							2				0	8	0	10
Selina & Dallas	Nights							1							
=====															
No. of Boats =		1	3	3	2	0	7	12	7.5	0	0				Points 36
The Leading Boat is....															
Nashira															

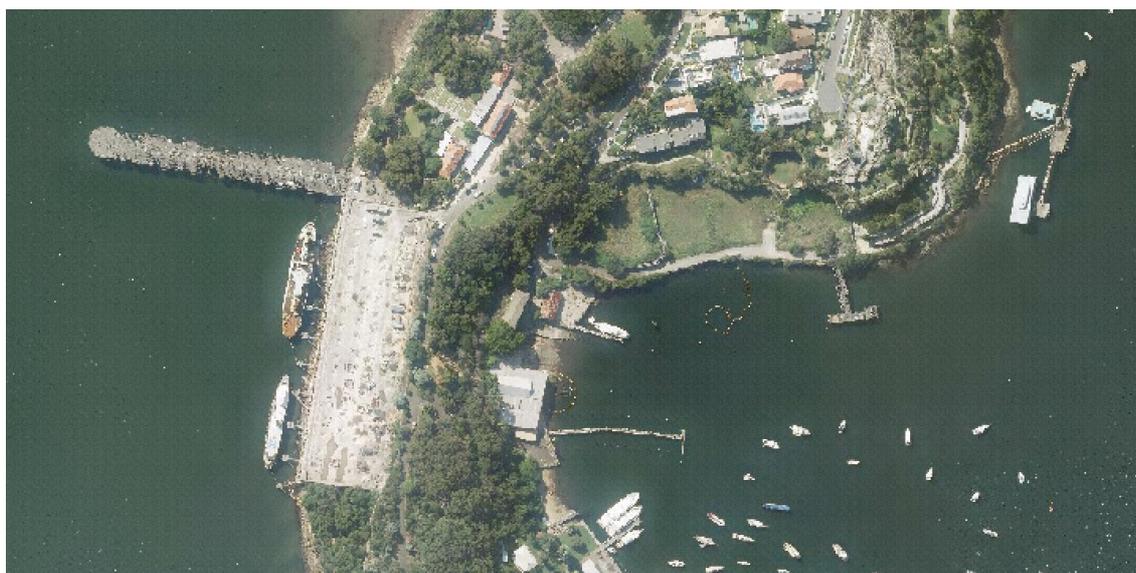
NAVIGATION WARNING

(Marine Safety Act 1998 s.12)

Berrys Bay and Balls Head, Port Jackson Derelict structures and possible floating debris 31 July 2018- Ongoing

THE AREA

Vessel operators are advised that derelict structures and/or partially submerged derelict structures are present in the waters of Port Jackson, in the vicinity of Berrys Bay on the north western side and Balls Head (Balls Head Coal Loader).



NAVIGATION WARNING

Vessel operators are advised to exercise caution when navigating on the waters of Port Jackson, in the vicinity of the Area.

As a result of the derelict structures floating and partially submerged debris has been found in and around the Area.

Roads and Maritime Services have taken preventative measures and actively monitor the area and remove debris, however further debris may exist particularly during and after periods of adverse weather conditions.

MAPS & CHARTS AFFECTED

Roads and Maritime Services Boating Map 9D

For further information concerning this Navigation Advice, please contact the Roads & Maritime Services Infoline seven days a week from 8.30am to 4.30pm on 131 236.

MARINE NOTICE SY1826



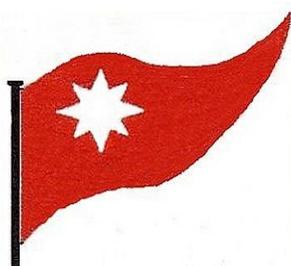
**Middle Harbour Yacht Club - Cruising Division
Treasurer's Report As at 31 August 2018**

Cash at Bank as at 31.07.2018	\$2,317.85
<i>Plus Receipts</i>	
Sale of x Wachman Manual	\$0.00
Interest	\$0.19
<i>Less Payments</i>	
	\$0.00
Cash at Bank as at 31.07.18	\$2,318.04
<i>Outstanding Receipts</i>	\$0.00
<i>Outstanding Payments</i>	\$0.00
Account Balance	\$2,318.04

Signed as a true record

Mike McEvoy
Treasurer

MEMBERS ARE INVITED TO SUBMIT ARTICLES OF APPROXIMATELY 800 - 900 WORDS ON SUBJECTS WITH A SAILING THEME, INCLUDING PERSONAL SAILING ADVENTURES, BOOK REVIEWS, SKETCHES, JOKES, AND SO ON. WRITE YOUR ARTICLE WITH TITLE, YOUR NAME AND BOAT NAME, AND EMAIL TO THE EDITOR.



The Cruising Division of MHYC meets on the 3rd Wednesday of each month, and uses as its sailing pennant a flag with a white compass rose on a red background.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as 'the compass rose'.

The Cruising Division newsletter is titled 'The Compass Rose Cruising Log' and is published monthly. The newsletter is also available through the MHYC web-site at www.mhyc.com.au