Home is the sailor, home from the sea.
Galaxy III sails back into Sydney on July 28th
Captain’s Column – August 2018

Already halfway through winter and the year is flying along. I am looking forward to the warmer weather but it is nice to have the harbour to yourself in the winter months.

The Cruising Division long lunch was held on a beautiful Sunday afternoon, mid-July, with Nathan and his team doing an outstanding job on the food served. Thanks to Maralyn, Aileen & Kristen, our organising committee, for coming up with the theme which was Christopher Columbus and all things Spanish. The afternoon was a delight with most dressing up in the Spanish flag colours of red and yellow. The quiz tested us all.

Chris Canty on Galaxy III sailed in through the heads on Saturday morning July 28th completing his circumnavigation after 15 months of endeavour. Congratulations from all of us in the Cruising Division on this monumental effort. Rapture, Caviar and Nashira went out to meet Chris and escort Galaxy III back in through the heads.

This month’s CD meeting on Monday 20th August we are pleased to have Chris Canty come and share some anecdotes of his and Galaxy III’s adventures.

September 1st is the Club Season Opening Day where the CD participates in the annual sail past. We look forward to seeing as many of you as possible out on this first day of spring. The following weekend on the 8th of September we have the 090 Wachman Safety Exercise.

After many years the CD monthly meeting is moving to Wednesday nights for a 3 month trial starting Wednesday September 19th. Please mark the change in your calendars.

Stay warm, safe and enjoy the good life out on the uncrowded winter waters.

Evan Hodge
Cruising Captain.  SY. Nashira
### CRUISING DIVISION OFFICE BEARERS – 2018 – 2019

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<th>Position</th>
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<td>Evan Hodge</td>
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<td>Vice-Commodore Cruising</td>
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<td>Phil Darling</td>
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<td>Mike McEvoy</td>
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<td>Evan Hodge</td>
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<td>Committee Members as required; Royce Engelhardt (summer months)</td>
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<td>On Water Events Coordinators</td>
<td>Phil Darling, Evan Hodge</td>
<td>Phil 0411-882-760</td>
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<td>Martyn Colebrook, Phil Darling, Royce Engelhardt, Evan Hodge, Mike McEvoy, Kelly Nunn-Clark, Dallas O’Brien, Dorothy Theeboom, Max Theeboom, John Tregea</td>
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**Editor's note:**

**Deadline** for the next edition of the Compass Rose is **28/8/18**

The **EDITOR** for the next Compass Rose is **Glynne Attersall**

Please forward contributions via email to the editor: **glynne01@optusnet.com.au**

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division
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Next Meeting: Monday August 20th 7:30 pm

BYO BBQ 6:30 pm

Guest Speaker: Chris Canty: Around the World in 15 months”

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Cheese Plate July Meeting: Kristin Cool and Jeremy Clarke

Enveloping July Compass Rose: John Tregea
PAST EVENTS:

August On-Land Event - Naval Heritage Museum Garden Island 5/8/2018

On Sunday, nine cruising division members, Evan, Kelly, Mike, John, Keith, Dick, Phil, Max and Dorothy met at Circular Quay to explore the harbour by an alternate method of transport. First stop was the Naval Museum on Garden Island, a quick ferry ride away. We were met by a very informative security guard/guide who described the layout of the museum and its contents. Garden Island was the site of the first attempts to provide food for the first settlers in the penal colony of New South Wales. Apparently the efforts were not successful possibly due to the lack of reliable water. In October 1788 the Sirius left on an urgent mission to the Cape of Good Hope to find food for the fledgling colony. The complete voyage took more than seven months and the Sirius returned just in time. In the garden area are three examples of graffiti dating from 1788 which are preserved under a shelter as well as the oldest tennis court in Australia. It is now covered in synthetic turf.

The museum itself stretches from the founding of Australia up to the beginning of the twentieth century. Amongst the exhibits is the turret of one of the midget submarines which entered Sydney Harbour on May 31st 1942. Apparently the submariners were the size of eleven year olds and the conning tower had a twelve-inch diameter. There certainly was not a lot of room inside the cockpit.

Evan and Keith at the mini-submarine.
We all set off to explore the rest of the museum at our own pace. It is spread over two floors and contains a multitude of items from Australian naval history. I thought that one of the most gruesome items was the surgeon’s kit from the mid 1800s which contained a large bone saw and other instruments for the amputation of limbs. Apparently amputation was quite common until the mid-1940s with the advent of penicillin. One of the other interesting things was a submarine periscope which could be used to have a 360° view of the surrounding area.

Outside the museum at ground level are plaques in memory of various vessels and the fields in which they served. The largest of these is the memorial to the Corvettes. Enclosed in the side of the memorial is a pen-knife which was used to carve a rudder for a whaler so that crew members from a sunken corvette could make their way back from PNG to Australia.

After a thorough exploration of the museum we all took to the harbour again and headed back to Circular Quay. At the Quay we said good-bye to Mike who was on grandfather duty and Dick who had another commitment. We headed to Watsons Bay where John left us and we met Bill and Helen Humel and their grandson. After a convivial lunch we all went our own ways. Evan, Kelly, Max and I took the ferry to Barangaroo and went to the Boat Show to finish off the day.

The easy way to cruise the harbour!

DorothyTheeboom,
‘Caviar’
This year’s Long Lunch was once again a very enjoyable afternoon marked by great food and good company in the Quarterdeck Room at the club.

The theme was around that well known cruising sailor Christopher Columbus, and 26 members arrived, mostly dressed with some sort of Spanish costume. Probably Evan was most remarkable in full costume although we did note that his leg was metal not wooden!

The food was top quality as we have come to expect, and the quiz added an element of mystery. The weather helped (a beautiful sunny winter afternoon, similar to previous years) and a great time was had by all.

Many thanks to Maralyn, Aileen and Kristin for organising the afternoon, to the club for the excellent food and facilities, and to the other members of the division for their good company.

Phil Darling, ‘Expresso’
CD Safety Checks and Raft-Up at Sugarloaf Bay

The annual Cruising Division get checked raft up was held over the weekend of 7th and 8th of July. Due to the strong winds it was decided that not all the boats would raft up. Caviar and Sisu used Flemingo as a mother ship whilst Nashira took advantage of a vacant pinkie nearby.

Rapture and Slac-n-off were present on Saturday to get checked as were Simply Irresistible and Nashira.

Whilst Slac-n-off and Rapture left early, the rest of us enjoyed pre-dinner nibbles on Flemingo followed by a quiz to whet everyone’s appetites.

Dorothy Theeboom, ‘Caviar’

CD Meeting SURVEY (Meet Monday or Wednesdays)

Thank you to everyone who has responded to the survey so far, but we have many who have not yet responded. If you did not receive the survey would you please email cruising@mhyc.com.au and let us know. We can send you a direct link to the survey.

The plan is to go ahead with a trial starting September through to November. Afterwards a final vote will be held the the results will determine our meeting day moving forward.

Middle Harbour Marine Watch (MHMW) ceases.

Mike McEvoy reports:

On Monday night 16 July 2018, the MHMW held its last meeting. For some years the MHMW have been meeting at MHYC (Quarter Deck) at the same time as the Cruising Division. It has been running for 30 years and meeting monthly.

Its role was acting as a deterrent to break-ins and thefts from boats in Middle Harbour. The thefts were mainly youngsters rowing out to moored boats plus professional thieves. The deterrent was largely achieved by conducting patrols intermittently. Various members volunteered their boat to conduct the patrols and any suspicious activity was reported to the Water Police. In later years NSW Maritime would occasionally conduct night patrols. The MHMW has been so successful, along with the reduction in the price of electronics and perhaps youngsters being more attracted to their screens, that they have done themselves
out of a role. Nevertheless, they said that they will continue to have communal meals on their boats and so minor patrols will continue.

In recognition of their service over the years, the Cruising Division has donated them three bottles of wine (of their choice) to enjoy with their victuals.

Sydney Harbour Regional Boating Advisory Group (RBAG)

This group, chaired by NSW Maritime, a Division of RMS meets three times a year. Latest meeting was on 17 July. I represent Middle Harbour and especially MHYC (the Club) in that Group.

A lot of matters are discussed at the Group which includes Sydney Port Authority, Commercial Boating Association, NSW Rowing, Sailing Australia, the Ferries etc.

I report on those matters that are likely to affect the Club, its members and other mainly navigation items in Middle Harbour.

Of interest at the most recent meeting are:

- A new BSO will be commencing in Middle Harbour (West) soon.
- Sydney Port Authority will be commencing a new “Steer Clear” campaign on distances off to travel from and avoid large vessels on the harbour.
- Orange Diamond shapes on Sydney ferries which give them right-of-way are under review about whether the new Blue Emerald ferries (which are faster and more manoeuvrable) will continue the display the Orange Diamond.
- The “Beds on Board” for boats at marinas, similar to Airbnb is before AMSA for consideration at present. So, if your boat is on a marina now, think about strangers being able to hire vessels on your marina to sleep over (have a party) etc.
- Work on the site at Blues Point for the Metro tunnel under the harbour will commence in August. On land there will be a huge “shed” and the tunnel boring machine will enter there. A large barge will be docked at the shore line to remove spill from the tunnel. There will be two more such barges at Barangaroo. During the tunnelling there will be two movements each day by the barges going to and from Clyde, for two years. This will be in place of what would have been 4,000 truck movements. The barges will not start until later in the year.
- No decision has yet been made on the removal of the Safe Water Mark at Bradleys Head. However, the feeling is that it is unlikely to happen.
The Make-a-Wish foundation grants wishes to seriously ill children.

Each year, the MHYC Cruising Division offer the opportunity to take families out for a day on the water to enjoy a sailing experience on Sydney Harbour.

Please help us help these wishes come true by joining us on Sunday October 28th 2018 for a day on the water either with your expertise on board to help look after our "guests" or perhaps on return to help with the BBQ and cooking sausages for a late lunch.

We will be departing MHYC at 1030 and returning by 1330 for the sausage sizzle on the beach.

Please contact MHYC Member Max Theeboom on 0432 713793 or by email uni1948@tpg.com.au if you can help out in any way.
Members’ Cruising - Update:

Final Installment: The Adventures of Chris Canty on Galaxy III

NOTE: Chris Canty on Galaxy III IS HOME!!!!

COME LISTEN AND SHARE HIS ADVENTURE– CD MEETING, Monday
August 20th 7:30 pm

Yes – turn right at the heads -

By Chris On July 28, 2018 (www.are-we-there-yet.com.au)

“People are capable, at any time in their lives, of doing what they dream of.”— Paulo Coelho, The Alchemist
Cui & I rose on Monday morning keen to clear in to Fiji and get started on anti-fouling and repairing the shaft seal. By 1130 we had cleared bio-security and proceeded to the marina for customs & immigration. After much back & forth we were advised the Galaxy was to be searched on the premise we had passed through the Panama Canal. The previous day an Australian couple was arrested on a yacht with $20M cocaine, amphetamines, firearms and a stack of USD (http://www.fijitimes.com/denarau-drug-raid-woman-charged/). So, we had nine, yes nine, customs officials, police and a dog go over & through Galaxy for five hours, convinced they were on a roll & about to make another drug haul. During this time Cui and I were also questioned separately several times. In some respects, it was comical and at the same time, also very serious – more than once I wondered what would happen if the officials planted a block of cocaine on the boat and arrested us, after all there was plenty available after yesterday’s haul!

By around 4pm their enthusiasm began to wane and two expatriate NZ customs officials emerged for whisper conferences with their counterparts.

After much deliberation it was decided to wind things up, though not before a last-ditch round of questioning.

By the time we repacked the boat – after that many people going through your stuff you want to repack it yourself – it was dark as we tied up in the marina.

Well, that was an interesting day to put in the ‘adventure’ memories.
We thought a week would be long enough to do the anti-fouling and replace the shaft seal. The leaky shaft seal escalated from installing a $20 seal kit to several thousand dollars over 2 weeks to replace the complete unit and machine a new shaft coupling.

Cui had run short of time and returned to China. I was comfortable completing the final 1,800 nm solo and then I recalled the conversation at a school reunion with an old friend, Nick Hocking, which was the catalyst for my circumnavigation, so I gave him a call to see what he was up to. Nick was in the thick of house renovations, however, his brother Michael was available and arrived in Fiji the next day, Sunday.

Galaxy III was re-launched on Monday 9th July, with three mechanics on board to bleed and test the shaft seal. We obtained our clearances and were on our way by midday, passing by a flat Cloudbreak. An incoming yacht had missed the pass and run aground on the reef nearby – stern was well out of the water and the jib was up – they had assistance from power boats and must have been hoping the trade wind with the incoming tide would push them over the reef, into the lagoon.

On dusk, the drag on the fishing rod started screaming before the line snapped, losing a new lure. Next day we lost another lure and on the fourth day, Michael landed a nice Mahi Mahi. Next was a marlin, which continued dancing across the water as the line broke. The few meters that were left of the original line is well and truly stretched and worn out – time for a replacement.

The trade winds faded as Galaxy III approached New Caledonia and then the starter motor burnt out again
(for the mechanically inclined; a relay switch had corroded and become sticky, which is like keeping the key turned after the engine has started). So, no motor for the calm days or to charge the batteries. Fortunately, solar and wind generation are enough to keep everything going, except the fridge. So that was turned off and we finished off the Fiji Bitter on a calm day, before they became warm.

Around 26°S, the prevailing SE trade winds stopped prevailing and Galaxy recorded the slowest day of the circumnavigation, covering just 27nm. It felt like we were in the horse latitudes, which are characterised by a subtropical ridge of high pressure and calm winds around 30°S. “According to legend, the term comes from ships sailing to the New World that would often become stalled for days or even weeks when they encountered areas of high pressure and calm winds. Many of these ships carried horses to the Americas as part of their cargo. Unable to sail and resupply due to lack of wind, crews often ran out of drinking water. To conserve scarce water, sailors on these ships would sometimes throw the horses they were transporting overboard. Thus, the phrase ‘horse latitudes’ was born.

Michael enjoying a 4,000 m tub

There was only enough drinking water for one of us to reach Australia, so Michael dived in to 4,000 m of crystal clear water for a last swim before re-joining the crew for the rest of the passage. Border Force also flew overhead 400 nm from the Queensland coastline for a radio check, enthusiastically enjoying the beautiful flying conditions – not so much if you are sailing.
Calm winds added a couple of days to the passage – stay out here long enough and you are bound to encounter a SW front, which we did on Friday night. At 25-30kts, it was relatively mild and enough to shorten sail by two reefs. The ride upwind can be pretty bumpy and that can also make ablutions challenging – the head became known as the ‘Rodeo Seat’ after those moments you are airborne, which strike a moment of terror as you imagine landing with your genitals between the seat and bowl.

Two knots of assistance from the East Australian Current wasn’t enough to get us to Coffs Harbour as the wind faded – Galaxy drifted around the Solitary Islands for much of Sunday before Marine Rescue offered a tow into the harbour on dusk. We also whiled away a few hours untangling 70m of anchor chain and hand winching it aboard after the windlass switch melted.
Michael & I celebrated our arrival back in Australia with a bottle of rum and spent a few days in Coffs Harbour Marina to complete repairs to the starter motor and windlass, before making way on the final 230 nm to Sydney. Galaxy III was escorted through the heads by Nashira, Caviar and Rapture from the Cruising Division of Middle Harbour Yacht Club and joined by a group of friends at the marina. Well, that was an adventure and it’s nice to be home.
NAVIGATION WARNING
(Marine Safety Act 1998 s.12)

Berrys Bay and Balls Head, Port Jackson
Derelict structures and possible floating debris
31 July 2018 - Ongoing

THE AREA
Vessel operators are advised that derelict structures and/or partially submerged derelict structures are present in the waters of Port Jackson, in the vicinity of Berrys Bay on the north western side and Balls Head (Balls Head Coal Loader).

NAVIGATION WARNING
Vessel operators are advised to exercise caution when navigating on the waters of Port Jackson, in the vicinity of the Area.
As a result of the derelict structures floating and partially submerged debris has been found in and around the Area.
Roads and Maritime Services have taken preventative measures and actively monitor the area and remove debris, however further debris may exist particularly during and after periods of adverse weather conditions.

MAPS & CHARTS AFFECTED
Roads and Maritime Services Boating Map 9D

For further information concerning this Navigation Advice, please contact the Roads & Maritime Services Infoline seven days a week from 8.30am to 4.30pm on 131 236.

MARINE NOTICE SY1826

Chef’s Corner

Persian-Style Lamb and Eggplant Stew

Cook Time 2 hours
Servings 4

Ingredients

2 eggplants cut into 5cm chunks, 4 tbsp extra virgin olive oil
1kg lamb shoulder (or any other stewing lamb), cut into 5cm chunks
1 onion, chopped
1 tbsp ground coriander
1 cinnamon stick
1 x 400g can of crushed tomatoes
1 Continental 28g chicken stock pot
200ml hot water
½ cup currants
Zest and juice of 1 lime
Salt and pepper
Rice pilaf, to serve
Mint leaves, to garnish

Method

Preheat the oven to 160°C.

Place the eggplant pieces into a colander and season with salt to release some of the liquid. Let stand for 10-15 minutes.

Once drained, lightly rinse the eggplant and thoroughly dry with a tea towel or paper towel. Brush remaining oil over the eggplant and place on a baking tray. Bake in the oven for 20-30 minutes.

Meanwhile, season the meat with a little salt and pepper and one tablespoon of the oil. In a heavy based casserole pan over a medium-high heat, seal the meat in batches, then remove from the pan. Add the onions to the pan and cook for 3-4 minutes until softened and then add the ground coriander and cinnamon stick. Return the meat and its juices to the pan then add the tomatoes and cook off for 2-3 minutes.

Dissolve the stock pot in 200ml hot water then add it to the pan with the currants. Place the lid on and bake in the oven for 1 ½ hours or until the meat is tender.

Once the lamb is cooked, stir through the cooked eggplant, lime zest and juice. Serve with rice pilaf and garnish with mint leaves.

Max Theeboom
SV Caviar
Wednesday 5th September 6.30pm

ON BOARD EMERGENCIES

ARE YOU PREPARED?

A Presentation by Flying Fish

Subjects Covered Include

COLLISIONS AND FLOODING
FIRE
MOB
DISMASTING
MEDICAL EMERGENCY

MHYC

To register your interest or for more information contact Catherine Rofe at the MHYC Sailing Department 9969-1244 or sailing@mhyc.com.au
Driftwood

Does anyone know a gas fitter or someone capable of checking our oven on Caviar? We may need to replace it and short of removing from the galley and taking it somewhere, we are at a loss as to how to do this. Please contact Dorothy on 0409030984 if you can help.

CD Quiz – August 2018 by Phil Darling

1. What is meant by the term “in irons”?
2. What kind of navigation marker has the characteristic on a chart of Fl(2)?
3. What is the Angle of Vanishing Stability?
4. Where on a boat do you find the Roach (not the insect variety)?
5. You have lost your steering and are proceeding slowly under emergency steering towards port. What lights should you show at night?
6. By convention, what symbols does a navigator usually use to denote: Course Over Ground (COG), Course To Steer (CTS) and Current?
7. When is a Running Fix of use?
8. What is the effect of barometric pressure on tidal heights?
9. Under the Col Regs, when is a vessel deemed to be overtaking?
10. An old timer tells you to “steer two points to starboard”. What alteration of course should you make?

Seen at Garden Island. What do you think it means?
PHOTO COMPETITION for 2018–August

August Winner ...............Photo of the Month is John Tregea

Send your photos to Maralyn Miller to enter into the 2018 Cruising Division Photo Competition. Each month the best photo received will be published, and in the running to win a new Mystery Prize at the end of 2018.

The winning photo for August is called “Kai-Lag at Bantry Bay” and was taken by John Tregea.

Only one photo per month (as a JPG / JPEG) to be submitted.

Remember, ... to be in the running to win the prize you must be in it. Hint ....Give your favourite photo a Title and Place taken.

Submit your photo and to Darling.maralyn@ozemail.com.au. Good Shooting ...!! Maralyn.
CD Quiz Answers – August 2018

1. A sailing vessel is in irons when head to wind and unable to pay off on either tack.

2. An isolated danger mark.

3. The Angle of Vanishing Stability (AVS) is the angle to which a boat can heel and still right itself. Beyond this angle a boat will most likely continue to roll.

4. For a triangular sail, the Roach is that part of a sail outside of the straight line from head to clew. For a square sail it is used slightly differently to denote the area of the sail omitted above the straight line between the two clews.

5. You are most likely classed as Not Under Command (ie unable to easily avoid other vessels) so should show two all round red lights where they can best be seen. As you are also underway you should also show the usual red and green sidelights and white stern lights (but without the steaming light or lights). You may alternatively decide that you are Restricted in your ability to manoeuvre, in which case instead of the two red lights you would show three all round lights red over white over red.

6. Course Over Ground (COG) is conventionally represented by a line with two arrows; Course To Steer (CTS) by a line with a single arrow and Current (tidal or ocean) by a line with three arrows.

7. A running fix is a technique used in coastal navigation to establish a vessel’s position when only one point can be identified to take a bearing from. It also depends on knowing the vessel course and speed.

8. High pressure usually depresses tidal heights so the levels (both high water and low) are below the forecast level. Conversely, low pressure usually elevates tidal heights.

9. Rule 13 states: “A vessel shall be deemed to be overtaking when coming up with another vessel from a direction more than 22.5 degrees abaft her beam, that is, in such a position with reference to the vessel she is overtaking, that at night she would be able to see only the stern light of that vessel but neither of her sidelights”.

10. There were 32 points in the compass, each of 11.25 degrees. Two points to starboard is thus an increase of 22.5 degrees in course heading.
# CRUISING DIVISION PARTICIPATION POINTSCORE CALCULATION SHEET

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<td>Evan &amp; Kelly</td>
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<td>Mark &amp; Lee</td>
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**No. of Boats**

| 1 | 3 | 3 | 2 | 0 | 7 | 12 | 0 | 0 | 0 |

**Points**

39

The Leading Boot is... Nashira
## Middle Harbour Yacht Club - Cruising Division
### Treasurer's Report As at 31 July 2018

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Cash at Bank as at 30.06.2018</td>
<td>$2,398.45</td>
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<tr>
<td><strong>Plus Receipts</strong></td>
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<tr>
<td>Sale of 1 Wachman Manual</td>
<td>$20.00</td>
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<tr>
<td>Interest</td>
<td>$0.20</td>
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<td><strong>Less Payments</strong></td>
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<td>Bottles wine MH Marine watch</td>
<td>$100.80</td>
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<tr>
<td>Cash at Bank as at 31.07.18</td>
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<tr>
<td><strong>Outstanding Receipts</strong></td>
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<tr>
<td><strong>Outstanding Payments</strong></td>
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<tr>
<td><strong>Account Balance</strong></td>
<td>$2,317.85</td>
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Signed as a true record
Mike McEvoy, Treasurer

---

**Members are invited to submit articles of approximately 800 - 900 words on subjects with a sailing theme, including personal sailing adventures, book reviews, sketches, jokes, and so on.** Write your article with title, your name and boat name, and email to the editor.

The Cruising Division of MHYC meets on the 3rd Monday of each month, and uses as its sailing pennant a flag with a white compass rose on a red background. Please note that the meetings will be held on Wednesdays for three months from September 19th.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as ‘the compass rose’. The Cruising Division newsletter is titled ‘The Compass Rose Cruising Log’ and is published monthly. The newsletter is also available through the MHYC web-site at [www.mhyc.com.au](http://www.mhyc.com.au)