

MHYC INSHORE YACHT RACING SAFETY AND EMERGENCY PLAN FOR COMPETITORS

To minimise the risks of racing and boating sailors at MHYC must be familiar with and obey the rules as laid out in the

- Racing Rules of Sailing.
- YA Special Regulations.
- Regulations for the Prevention of Collision at Sea.
- Maritime Services Act.
- MHYC Special Regulations as published in this Sailing Handbook published annually,
- And any other Regulation that applies to boating on Sydney Harbour.

BEFORE RACING

- Racing Rules of Sailing 2005 – 2008 / 2009 - 2011 (effective 1/01/09) Part 1 – Fundamental Rules apply to all your crew racing at MHYC, you and your crew must read and understand Rules 1-5 prior to racing.
- Racing Inshore on Sydney Harbour is classed as Category 7 as defined by YA Special Regulations Part 1. You must have a current valid YA Special Regulations Compliance Form and carry the Equipment identified on that Form at all times.
- Make sure your crew know where Life Saving Equipment is stowed on your boat and how to use it.
- Attention is drawn to YA Special Regulations Appendix B and the need to practice man overboard procedures with your crew regularly. MHYC strongly recommends that all yachts should schedule a MOB Drill prior to racing in the first race of its pointscore season and again at regular intervals during the season.
- Notify the Race Committee of your intention to start a race as directed in the Sailing Instructions.
- Make sure you and your crew know how to locate and wear a PFD on your yacht.

EMERGENCIES

In the event that you have experienced a man overboard, sustained an injury, observed an injury on another vessel, or your yacht is in danger the following actions should be performed where appropriate:

Man Overboard

Commence man overboard procedure.
Recover the man overboard.

Injuries

Cease racing.

If the injury occurs on another boat, render assistance if required.

Determine nature of injury and render first aid.

Contact emergency services if required and then contact MHYC.

Vessel in Danger

Instruct all crew to wear personal flotation devices.

If the vessel is in immediate danger contact the emergency services.

Deploy anchor or other safety devices if appropriate.

Evacuation Injured Crew

Emergency Authority will direct you to an appropriate rendezvous. This may be at the nearest available wharf in Sydney Harbour. At MHYC Marina Arm B T-Head is the preferred Emergency Access Point.

Boats that retire from racing must notify MHYC of their retirement at the earliest opportunity.

Please note, MHYC Tenders are not equipped to tow vessels, contact one of the Emergency Departments as listed under emergency contacts in this Handbook.

MHYC Marina Emergency Plan**In the event of fire**

- Call fire brigade (000).
- Sound the alarm by Notifying the Marina Manager +61 2 8969 3114 or Reception +61 2 9969 1244.
- Fire Hoses reels are located on all marina walkways.
- Fire Extinguishers are located at all marina arm access gates and along beach side of the Club House.
- Use only if appropriate and safe to do so, follow operation guidelines.
- Stay calm and follow any instructions given by staff and/or the fire brigade
- Emergency evacuation points are the T-heads of each marina arm or the large tree located in the car park at the front of the club.

In the event of a medical emergency

- Ascertain nature of injury.
- If required call ambulance (000).
- Notify Marina Manager +61 2 8969 3114 or Reception + 61 2 9969 1244.
- If required administer first aid.
- First aid kits located at Marina Office, Reception and all MHYC vessels.

In the event of Oil/fuel spills

- Notify Marina Manager or staff immediately.
- Spill containment locker is located adjacent to marina B arm access gates.
- The best way to deal with spills is to prevent them.

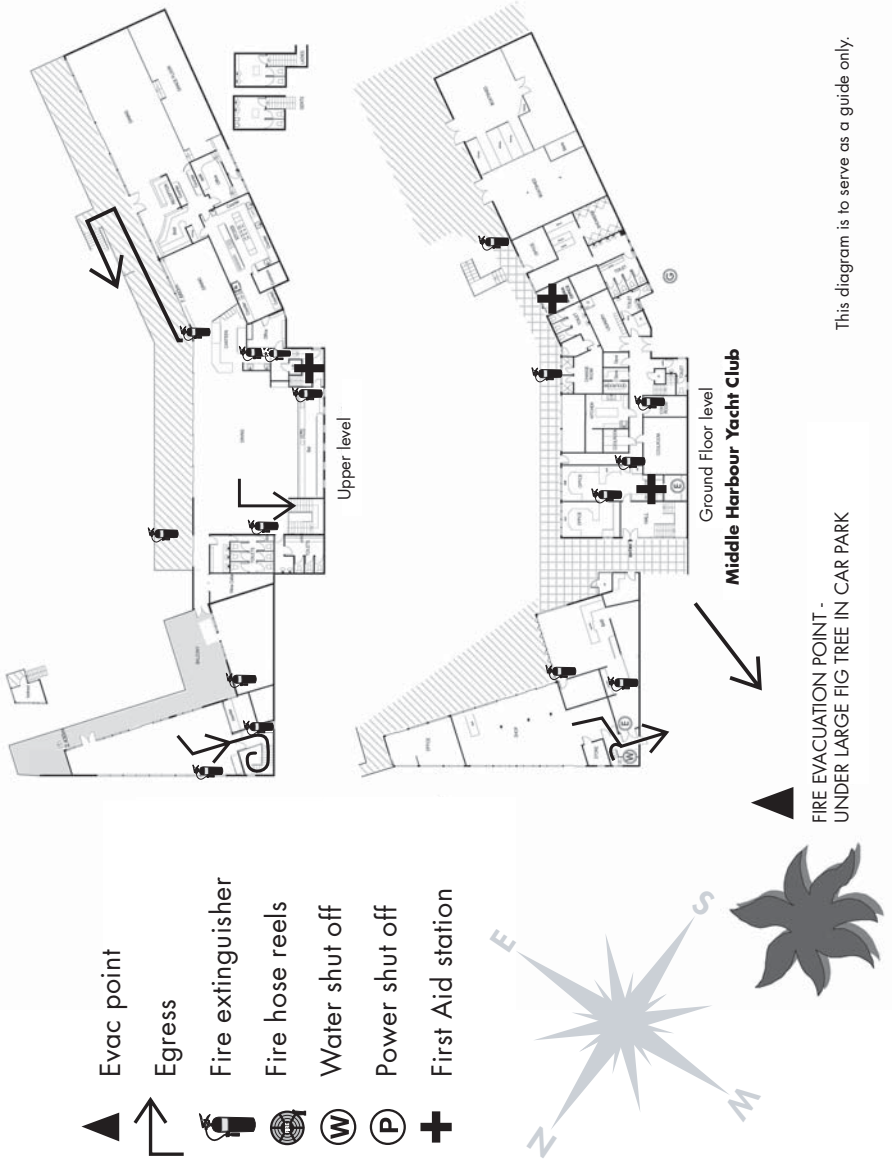
Do not take RISKS

EMERGENCY CONTACTS

Emergency Services – dial 000 or call on VHF 16	
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Water Police – dial 000 in an emergency – for other than emergencies 9320 7499	
Mosman Police	9969 1933
Water Police	9320 7499 or 1800 658 784
Maritime NSW Authority	13 12 56
Royal Volunteer Coastal Patrol	9960 3311
Coastal Patrol	9969 3270
Sydney Coast Guard	9337 5033
Poisons Information Line	13 11 26
Manly Hospital	9976 9611
Royal North Shore Hospital	9926 7111
Oil Spills	9296 4000
AMSA	1800 641 792
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MHYC on VHF 73 or by telephone 9969 1244	

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CLUB HOUSE EMERGENCY EVACUATION PLAN



- ▲ Evac point
- ↗ Egress
- 🔥 Fire extinguisher
- 🌀 Fire hose reels
- Ⓜ Water shut off
- Ⓟ Power shut off
- ⊕ First Aid station

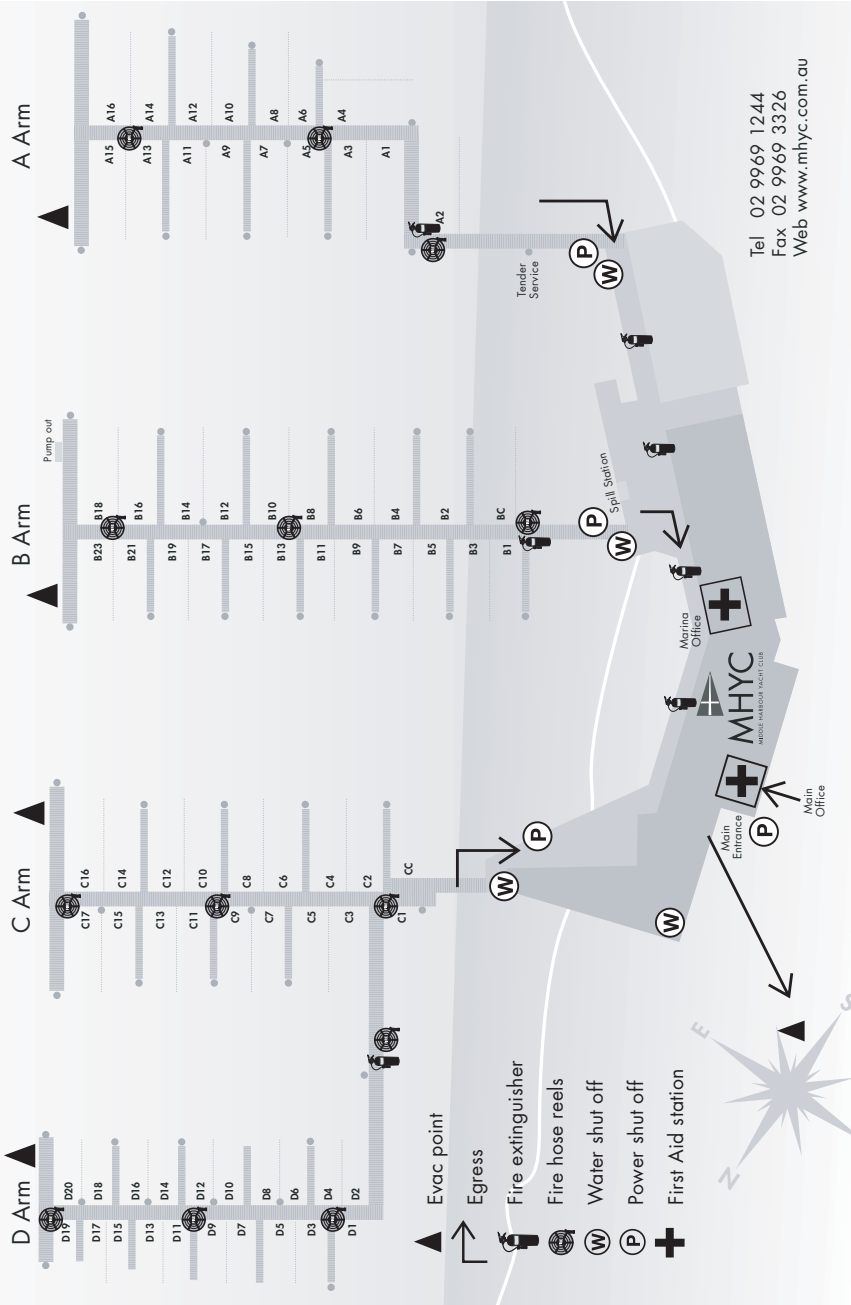
FIRE EVACUATION POINT -
UNDER LARGE FIG TREE IN CAR PARK

This diagram is to serve as a guide only.

MARINA EMERGENCY EVACUATION PLAN

Spit Bridge

Middle Harbour



NSW MARITIME REQUIREMENTS IN CASE OF AN ACCIDENT (SECTION 30G MARITIME SERVICES ACT 1935 No47)

1. In this section the word "vessel" means a vessel of less than 30 metres in length overall.
2. Where, owing to the presence of a vessel in any port or navigable waters, an accident occurs, the master of a vessel concerned in the accident:
 - (a) shall stop his vessel;
 - (b) if the accident results in the death of or injury to any person, or in damage to a vessel which affects the seaworthiness of the vessel or the safety of persons on board the vessel, shall give any assistance which may be necessary and which it is in his power to give;
 - (c) if required so to do by any person having reasonable grounds for so requiring, shall produce any licence to navigate a vessel at speed, licence as coxswain or master's certificate, which the master holds and shall give particulars of the master's name and place of abode, the name and address of the owner of the vessel, the name of the vessel and any distinguishing number which is, or is required to be, displayed by the vessel in pursuance of or by any Act or Regulation;
 - (d) If required so to do by any officer of NSW Maritime or any member of the police force, shall give such particulars as it is in the master's power to give as to the time, place and nature of the accident, the name of every vessel concerned in the accident and any distinguishing number which was carried by any such vessel, the name and address of every person who was concerned in or who witnessed the accident, and the extent of any injury or damage resulting from the accident; and
 - (e) if such accident has resulted in the death of or injury to any person, or in damage to a vessel or to any other property to an extent apparently exceeding one hundred dollars, shall, as soon as practicable and in any case within twenty-four hours after the accident, forward to NSW Maritime in writing the particulars that, under paragraph (d), the master may be required to give, unless such particulars have already been given by the master to a member of the police force or to an officer of NSW Maritime who required the master to give such particulars.
3. Any person who:
 - (a) without reasonable excuse, fails to comply with any provision of subsection (2), or
 - (b) willfully furnishes any false or misleading particulars in respect of any matter pursuant to paragraph (c), (d) or (e) of subsection (2), shall be guilty of an offence against this Act and liable to penalty not exceeding four (4) penalty units. (a penalty unit = \$110)

NSW Maritime Yacht Person's Brief & Ferry Activated Exclusion Zone

1. Be Safe!

2. Observe NSW Collision regulations and in particular Rule 1 (b) and Rule 2(a)(b) ie:

Nothing in these Rules shall exonerate any vessel, or the owner, master or crew thereof, from the consequences of any neglect to comply with these Rules or of the neglect of any precaution which may be required by the ordinary practice of seamen, or by the special circumstances of the case.

In complying with these Rules due regard shall be had to all dangers if navigation and collision and to any special circumstances, including the limitations of the vessels involved, which may make a departure from these Rules necessary to avoid immediate danger.

What this means is that if you're about to be involved in a collision, having stood on or given way in accordance with the Rule; every party involved is responsible in taking avoiding action to prevent a collision.

3. Local Rules require sail craft to keep out of the way of ferries displaying the orange diamond. When necessary give priority to the Ferry. Pass well clear of the ferry.

4. Be mindful of larger ships' bow flare. When closing any vessel, to prevent being overrun ensure you remain within sight of the officer of the watch on the vessel's bridge. Beware of overhanging bows and other parts of ship that might obstruct this line of sight. This means that your vessel may disappear from sight inside 200-400 m from the bows of very large ships.

5. Shipping Sound Signal Meanings:

One short blast -

I am altering course to starboard (right)

Two short blasts -

I am altering course to port (left)

Three short blasts -

I am operating engines astern (stopping)

Five (or more) short blasts -

I'm unsure of your intentions and I doubt whether you are taking enough avoiding action to avoid collision.

All competitors must keep 200m from the bow and at least 30m from the sides/stern of any ship or ferry underway.

